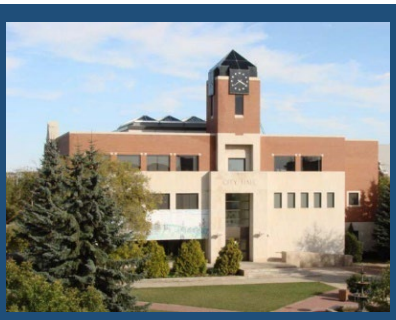
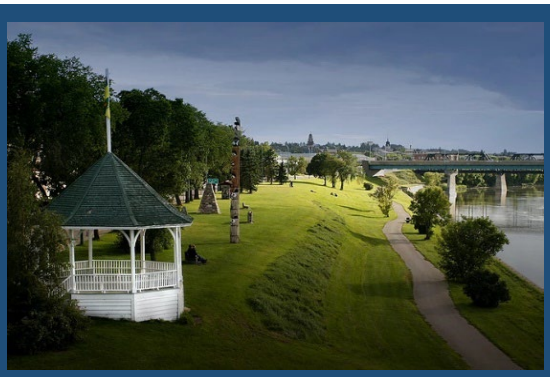
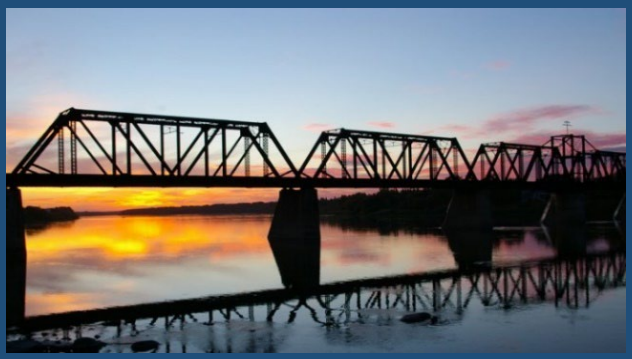
PRINCE ALBERT

PROGRAMS AND SERVICES COMMUNITY DIRECTORY







Photos Courtesy of Prince Albert Tourism and Marketing and the City of Prince Albert Strategic Plan

Updated as of 3:30pm on June 22nd, 2022

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USING THIS DIRECTORY

Programs and services offered in Prince Albert are listed throughout the following pages. The table of contents is located above. If you have questions about a particular program or service, call the telephone number listed, or call Samantha Mark at 306-371-7719.

This directory was developed in collaboration between the Prince Albert Urban Indigenous Coalition (PAUIC) and Community Networking Coalition (CNC). The directory is a working document.

This directory is being updated and maintained by PAUIC Coordinators, Prairie Wild Consulting. If you would like to make a submission or request information to be updated, please contact Samantha Mark at samantha.mark@prairiewildconsulting.ca or 306-371-7719.

In light of the COVID-19 pandemic, the directory is being updated on a regular basis.

You may also access this directory and updates on the PAUIC Facebook Page and Directory Facebook Group Page:

PAUIC: https://www.facebook.com/PrinceAlbertUrbanIndigenousCoalition/

Directory Group: https://www.facebook.com/groups/2180248298784994/?source_id=107971874184673

LOCAL

ABILITIES

FASD NETWORK OF SASKATCHEWAN
PHONE: 866-673-3276
WEB: https://www.saskfasdnetwork.ca/

DESCRIPTION: All FASD offices are now open to the public. The Network is providing virtual supports, referrals and assistance with paperwork and reporting to community services. Several on-line training sessions are being held through Zoom – visit the website for more information on upcoming workshops. Through support, training, and events the FASD Network provides services to individuals and families living with Fetal Alcohol Spectrum Disorder and provides education across the province.

INCLUSION SASKATCHEWAN
PHONE: 306-955-3344
WEB: https://www.inclusionsk.com/

DESCRIPTION: All offices are currently closed to the public but staff continue to work and can be reached by phone or email. Staff are currently providing remote services that include: consultation, support navigating service disruptions, and assistance in finding available community supports. Please visit the website (https://www.inclusionsk.com/covid-19-resources) for relevant and reliable plain-language information regarding COVID-19. Inclusion Saskatchewan is a provincial organization that works to ensure that individuals living with an intellectual disability are valued, supported, and included members of society and have opportunities and choice in all aspects of life.

PRINCE ALBERT SPECIAL OLYMPICS
PHONE: 306-960-7711
WEB: https://specialolympicspa.com/
https://www.facebook.com/specialolympicsprincealbert/
INSTAGRAM: @specialolympics_princealbert

DESCRIPTION: Special Olympics Prince Albert is dedicated to enriching the lives of people living with an intellectual disability through our sport and leadership programs. For decades, the Special Olympics movement has optimized the benefits of a healthy and active lifestyle through sport to improve the well being of individuals with an intellectual disability. To this day, we continue to use this as our main focus.

ARTS AND CULTURE

COMMON WEAL COMMUNITY ARTS INC.
PHONE: 306-960-3833 or 306-763-8023
WEB: https://commonweal.ca/

DESCRIPTION: The Common Weal team is offering free programming virtually through their website. For more information, visit https://commonweal.ca/current-programming. Northern office is located in the Prince Albert Arts Centre. Common Weal Community Arts is a provincial arts organization that collaboratively engages professional artists with communities to promote social change and cultural identity through creative expression.

EA RAWLINSON CENTRE FOR THE ARTS
PHONE: 306-765-1270
WEB: https://www.earc.ca/

DESCRIPTION: The EA Rawlinson Centre for the Arts presents artists of world-class caliber diverse in genre and disciplines, enhancing the cultural fabric of Prince Albert and region, and provides opportunities for community engagement through local artist, audience, and event development. The EA Rawlinson Centre for the Arts is open to the public. Please visit the website for more details.

EVOLUTION OF EDUCATION MUSEUM
PHONE: 306-764-2992 (Sept.-April) or 306-763-3506 (May-Aug)
WEB: https://www.historypa.com/policing_education.html

DESCRIPTION: The museum is operated by the Prince Albert Historical Society (PAHS). From September to mid-May (off-season period), visits to this museum must be arranged via phone to book an appointment. The museum is located in the Claytonville one room school and includes artifacts and archival documents about the students and they way they were taught in the early 1900s.

FIREBIRD NORTH SISTEMA MUSIC PROJECT
PHONE: 306-961-7683
WEB: https://www.firebirdnorth.com/
COVID-19 PROTOCOLS: https://docs.google.com/document/d/e/2PACX-1vStJ8a-FmqLdl7ExfOCdzffo3tg_gfjaMLSdUW0CU2CSiBy-AEe9N0y4qDTq1I1szsulC2hhgLNMzm6/pub

DESCRIPTION: Firebird North Sistema Music Project is a program that means to bring positive social change to neighborhoods in Prince Albert by engaging children and youth through music, movement, and community-building. Firebird North Sistema Music Project is free and accessible. The program runs daily after-school at King George School. More information is available at our website: https://www.firebirdnorth.com/.

GRACE CAMPBELL GALLERY
PHONE: 306-763-8496
WEB: http://www.jmcpl.ca/grace-campbell-gallery/

DESCRIPTION: Mandatory Masking policy in effect at all public library locations. Please wear your mask at all times while inside the library. The gallery is located in the John M. Cuelenaere library. For more information on services offered, please visit https://princealbertlibrary.ca/node/222.

INDIGENOUS PEOPLES ARTIST COLLECTIVE (IPAC)
PHONE: 306-764-7667 or 306-763-8023
EMAIL: ipac_pa@live.com
WEB: https://www.facebook.com/The-Indigenous-Peoples-Artist-Collective-IPAC-143411302418852/

DESCRIPTION: Office is located in the Prince Albert Arts Centre. Visit the Facebook page for updates and information of interest. IPAC is a non-profit organization that links Indigenous and Métis artists and communities to promote social change. IPAC has worked with First Nations and Métis people, inner city youth, women, and all groups generally outside of the mainstream arts community for social, economic and cultural reasons.

JOHN AND OLIVE DIEFENBAKER MUSEUM
PHONE: 306-764-2992 (Sept-Mid-May) or 306-953-4863 (End of May-Sept)
WEB: https://historypa.com/diefenbaker_house.html

DESCRIPTION: The museum is operated by the Prince Albert Historical Society (PAHS). From September to mid-May (our off-season period), visits to this museum must be arranged. Please contact the Historical Museum during regular business hours to set up an appointment for a tour. All locations operated by the PAHS will be following Provincial COVID-19 guidelines. The museum is designated as a National Historic Site. It was the residence of John G. Diefenbaker immediately prior to his becoming Prime Minister of Canada and is furnished as it was at that time.

JOHN V. HICKS GALLERY
PHONE: 306-953-4811
WEB: https://www.mannartgallery.ca/john-v-hicks-gallery

DESCRIPTION: This satellite space of the Mann Art Gallery is located in the Prince Albert Arts Centre. The gallery presents a diverse schedule of exhibitions by local art artists, guilds, and organizations, as well as touring exhibitions programmed through the Organization of Saskatchewan Arts Councils.

KYLA ARTIST GROUP
WEB: https://www.facebook.com/kylagroup/

DESCRIPTION: 'Kyla' is a group of 20 professional artists based in Prince Albert, SK and area. We have been in existence for over 40 years, holding popular show/sales.

MANN ART GALLERY (MAG)
PHONE: 306-763-7080
WEB: https://www.mannartgallery.ca
https://www.facebook.com/MannArtGalleryPA/

DESCRIPTION: The MAG is open from Tuesday-Friday, 10-5pm and Saturday, 12-5pm, and closed Sunday-Monday and statutory holidays.

MID PRO ROCK & GEM SOCIETY
PHONE: 306-764-5766 or 306-961-2534

DESCRIPTION: Meetings are typically held at the Prince Albert Arts Centre. Please call the number above for more information.

NORTHERN IMAGE PHOTOGRAPHERS
PHONE: 306-922-3394
WEB: http://www.niphoto.ca/

DESCRIPTION: Meetings are typically held at the Prince Albert Arts Centre. Club is composed of local people of all ages who share an interest in improving their photography.

NORTHERN WATERS FLY FISHERS
PHONE: 306-961-3473
WEB: http://www.nwff.ca/

DESCRIPTION: Meetings are typically held at the Prince Albert Arts Centre. Visitors and new members are always welcome. Promote the sport of fly-fishing, and ideas and techniques.

ON THE AVENUE ARTISAN'S GALLERY
PHONE: 306-763-1999
WEB: https://www.facebook.com/On-the-Avenue-Artisans-Gallery-1572060133019926/

DESCRIPTION: On the Avenue Artisan's Gallery is a space for local Prince Albert and area artists and artisans to showcase their talent.

PRINCE ALBERT ARTS BOARD
EMAIL: s.stapleton@sasktel.net
WEB: https://www.princealbertarts.ca/

DESCRIPTION: The Arts Board advocated on behalf of artists and arts organizations. stewarding the Civic Arts Policy and assisting the City of Prince Albert in its implementation, actively engaging artists and arts organizations to understand their unique perspectives and needs, representing the arts in public policy making, generating and sharing resources to benefit the diverse community of Prince Albert and area through the arts, promoting Prince Albert and area arts within the city and beyond.

PRINCE ALBERT ARTS CENTRE
PHONE: 306-953-4811
WEB: https://www.citypa.ca/en/parks-recreation-and-culture/arts-centre.aspx

DESCRIPTION: Arts Centre is open Monday to Thursday from 9:00am-9:00pm, Friday from 9:00am-5:00pm and Saturday from 10:00am-4:30pm. Closed on Sundays. The Arts Centre is offering a number of classes for adults and youth. Room rentals are also available. The latest Program Guide is available at www.citypa.ca.

PRINCE ALBERT COUNCIL FOR THE ARTS
PHONE: 306-764-3556
WEB: https://www.princealbertarts.com/

DESCRIPTION: Meetings are typically held at the Prince Albert Arts Centre. The Prince Albert Council for the Arts is committed to promoting arts by providing opportunities to participate in a variety of art activities.

PRINCE ALBERT HIGHLANDS PIPES & DRUMS
WEB: https://pahighlanders.ca/

DESCRIPTION: The Prince Albert Highlanders Pipes & Drums is a recreational Highland pipe band whose primary purpose is to entertain folks with a variety of traditional Celtic tunes from the 1700, 1800, and 1900's. Visit the website to get in touch.

PRINCE ALBERT HISTORICAL MUSEUM
PHONE: 306-764-2992
WEB: https://historypa.com/historical_museum.html

DESCRIPTION: The museum is operated by the Prince Albert Historical Society (PAHS). From September to mid-May (our off-season period), visits to this museum must be booked in advance. All locations operated by the PAHS will be following Provincial COVID-19 guidelines. Please contact the Historical Museum during regular business hours to set up an appointment for a tour.

PRINCE ALBERT HISTORICAL SOCIETY (PAHS)
PHONE: 306-764-2992
WEB: https://historypa.com/

DESCRIPTION: The PAHS is committed to preserving local history and being able to showcase it to local residents and visitors alike. They are open Monday – Friday, 9am – 4pm. All locations operated by the PAHS will be following Provincial COVID-19 guidelines. They operate four museums in Prince Albert and participate in many annual events. All museum buildings are closed unless by appointment for the (winter) off-season. Check out the website for museum hours, and the Facebook page for regular posts and historical information.

PRINCE ALBERT POTTER'S GUILD
EMAIL: ikertb@sasktel.net
WEB: https://www.facebook.com/Prince-Albert-Potters-Guild-1069172469770201/

DESCRIPTION: Meetings are typically held at the Prince Albert Arts Centre. All potters are welcome. The guild is a non-profit group of clay artists.

PRINCE ALBERT SPINNERS AND WEAVERS GUILD
PHONE: 306-929-4448 or 306-960-6366
WEB: https://www.saskswsorg/prince-albert.html

DESCRIPTION: Meetings are typically held at the Prince Albert Arts Centre. The Prince Albert Spinners and Weavers Guild actively promotes weaving, spinning, dyeing, and associated fibre arts. New members are invited to join the guild and use the guild's equipment and library. The variety of looms, spinning wheels and associated equipment available makes it easy and cost effective for members to learn, experiment and expand their skills without large financial outlays. Access to guild equipment is available to members year round.

PRINCE ALBERT WOODTURNERS GUILD
PHONE: 306-812-9067
WEB: https://www.facebook.com/Prince-Albert-Woodturners-Guild-158904454478029/

DESCRIPTION: Meetings are typically held at the Prince Albert Arts Centre. Offers learning experience from all skill levels of talented people.

ROTARY MUSEUM OF POLICE AND CORRECTIONS
PHONE: 306-764-2992 (Sept.-April) or 306-922-3313 (May-Aug)
WEB: https://www.historypa.com/policing_education.html

DESCRIPTION: The museum is operated by the Prince Albert Historical Society (PAHS). Museums are now closed for the summer season and winter hours and access are in effect. Please contact the Historical Museum (306.764.2992) to request a tour of any of our museums. All locations operated by the PAHS will be following Provincial COVID-19 guidelines. The Rotary Museum of Police and Correction is the original guard room for the F Division of the North West Mounted Police, and includes artifacts and archival documents about law enforcement in Prince Albert and Western Canada since 1884.

WATSONAIRS
PHONE: 306-982-2539
WEB: https://www.facebook.com/Watsonairs/

DESCRIPTION: Meetings are typically held at the Prince Albert Arts Centre. Longest continually operating choral group in the province. Provide women in the community an opportunity to sing, perform and give back through music.

BUSINESS

PRINCE ALBERT AND DISTRICT CHAMBER OF COMMERCE
PHONE: 306-764-6222
WEB: https://www.princealbertchamber.com/
https://www.facebook.com/PrinceAlbertChamber

DESCRIPTION: The Chamber has a mandate *to act as the primary voice of business through involvement in activities, projects, and matters that are of importance to members of the Chamber*. The Chamber is hosting a number of virtual events. The office hours are Monday to Friday, 8:30am to 4:30pm.

PRINCE ALBERT & DISTRICT CHAMBER OF COMMERCE SHOP LOCAL INITIATIVE
PHONE: 306-221-2373
WEB: http://www.princealbertnorthmarket.ca/
DESCRIPTION: Prince Albert & District Chamber of Commerce has launched a major 2-part project to *assist small business in their recovery from COVID-19*.
The first part is a series of professional videos that showcase #LocallyOwnedYPA business owners who are locally owned with store fronts and are for-profit businesses. The 2nd portion was the launch of a multi-vendor shopping portal (Prince Albert North Market) where vendors from Prince Albert and Northern Saskatchewan can sell online to their local community.

PRINCE ALBERT DOWNTOWN BUSINESS IMPROVEMENT DISTRICT
PHONE: 306-763-1802
EMAIL: discover@princealbertdowntown.ca
WEB: https://www.princealbertdowntown.ca/
https://www.facebook.com/princealbertdowntown

DESCRIPTION: The Downtown Business Improvement District office is open weekdays 9:00 am-4:00 pm and meetings are by appointment only. Prince Albert's local downtown merchants are offering curbside pick-up, deliveries, online ordering or by taking your phone call inquires in order to help you shop local. The purpose or mandate of the Business Improvement District is to encourage the development of a vibrant and prosperous downtown business district by improving the area's appearance and image, promoting and marketing the area, and undertaking initiatives and projects that facilitate the ongoing rejuvenation and redevelopment of the area. The PADBID has a new office location: 1109 Central Ave, 2nd Floor.

SUPPORTING PRINCE ALBERT BUSSINESSES OPEN DURING COVID-19
WEB: https://www.facebook.com/groups/210827193673875/

DESCRIPTION: Facebook group where local businesses and citizens can post about business activities in the community.

THINGS THAT ARE OPEN
WEB: https://princealbert.thingsthatareopen.com/business-directory/?fbclid=IwAR2VRQJwJFRWKRDTwfVwXKWCzD_nG9F9eZhWjE3gCGv95h-P9sUnlvwKYT8

DESCRIPTION: This COVID-19 business directory provides information on local businesses that continue to serve community. Businesses are able to add and update their information.

CIVIC – CITY OF PRINCE ALBERT

COVID-19 PORTAL, CITY OF PRINCE ALBERT
WEB: https://www.citypa.ca/en/living-in-our-community/covid-19.aspx

AFTER HOURS ASSISTANCE – NON EMERGENCY SERVICES
PHONE: 306-953-4348

CITY HALL
PHONE: 306-953-4884
WEB: https://www.citypa.ca/en/index.aspx

DESCRIPTION: Starting Monday, February 14, 2022 proof of vaccination or negative tests in civic facilities will no longer be required. The building will be open Monday – Friday, 8:00am – 4:45pm. See https://www.citypa.ca/en/living-in-our-community/covid-19.aspx for more details on restrictions and processes in place.

COMMUNITY SERVICES
PHONE: 306-953-4800

EVENTS CALENDAR
WEB: https://events.citypa.ca/

DESCRIPTION: The purpose of the event calendar is to provide a useful and reliable source of information that: helps the community organizations avoid duplication and/or competing events; and promotes events to residents and tourists.

PARKS, PLAYGROUNDS AND SPORTS AMENITIES
PHONE: 306-953-4812
WEB: https://www.citypa.ca/en/parks-recreation-and-culture/parks-and-trails.aspx
DESCRIPTION: Parks and trails in Prince Albert.

PARKING
PHONE: 306-953-4330
WEB: https://www.citypa.ca/en/parking-streets-and-transportation/parking.aspx

DESCRIPTION: Parking in the City of Prince Albert is regulated under the Traffic Bylaw No. 1 of 2013. More information about parking and how to pay parking tickets may be found on the website.

PLANNING AND DEVELOPMENT
PHONE: 306-953-4370
WEB: https://www.citypa.ca/en/building-business-and-development/planning-and-development.aspx

DESCRIPTION: Please contact the department by email or phone with any questions about building permits, demolition permits, development permits and sign permits, or the permit process. Online applications are available.

PRINCE ALBERT VISITOR CENTRE
PHONE: (306) 922-2211
WEB: https://www.facebook.com/PrinceAlbertTourism/

DESCRIPTION: Open Monday-Friday 9:00am-5:00pm. General inquiries regarding Tourism in Prince Albert can be forwarded to: ceo@princealberttourism.ca. The website is currently under construction.

TAXATION
PHONE: 306-953-4320
WEB: https://www.citypa.ca/en/living-in-our-community/taxes-and-assessment.aspx?_mid_=371

DESCRIPTION: Sign up for tax E-Billing here.

TRANSIT
PHONE: 306-953-4900
WEB: https://www.citypa.ca/en/parking-streets-and-transportation/transit.aspx
DESCRIPTION: The Prince Albert Transit System is operating with fully seated loads. For the latest transit updates, please visit https://www.citypa.ca/Modules/News/en?CategoryNames...
For information on COVID-19 regulations, please see: https://www.citypa.ca/en/living-in-our-community/covid-19.aspx
Please visit the website for details about routes.

WATER UTILITY SERVICES
PHONE: 306-953-4340
WEB: https://www.citypa.ca/en/living-in-our-community/water-and-sewer-services.aspx

COMMUNITY SERVICES

FRESH START MINISTRIES (OPEN DOOR COMMUNITY CHURCH)
PHONE: 306-762-7766
EMAIL: panazarene@sasktel.net
WEB: https://www.opendoorcc.ca/

DESCRIPTION: Open Door Community Church, which began in 1930 as the Prince Albert Church of the Nazarene, has a long and rich history. Services are held Sunday at 10:30am through Zoom. Email or call the office for the Zoom link.

JOHN HOWARD SOCIETY (PRINCE ALBERT)
PHONE: 306-981-2264
WEB: https://www.sk.johnhoward.ca/
https://www.facebook.com/JohnHowardSask/
https://twitter.com/jhsocietysask
https://www.instagram.com/johnhowardsask/
https://www.linkedin.com/company/john-howard-society-of-saskatchewan

DESCRIPTION: John Howard Society, Prince Albert will provide a community alternative to accused who would otherwise be involved in short-term municipal police, RCMP or other custody cells. Services will be provided to no more than thirty (30) participants for short-term informed case management and potential crisis residency concern with the objectives of:

1. Reducing the chance of criminal re-offending;
2. Increasing compliance with any legal conditions while in the community; and
3. Increasing the likelihood of the participant attending scheduled court appearances, while awaiting conclusion of criminal charges.

REINTEGRATION PROGRAMMING
DESCRIPTION: Offers adults with a high risk to reoffend a positive connection to sustainable supports in the community. Risk is managed by enhancing the adult's personal assets and skill base as well as transitioning to natural sustainable support within the Regina, Saskatoon and Prince Albert communities.

RELAPSE PREVENTION PROGRAMMING
DESCRIPTION: CORNERSTONE, building the foundation for a brighter future, aims to provide youth with the opportunity to integrate learnings they acquired while in custody, increase self-awareness and offer youth hope for a more fulfilling life. An important component of this program is to help youth in understanding and accepting their own particular risk factors for future criminal behavior and establishing a responsibility for self-management. It is an overarching goal of the program to increase community safety and increase the individual's ability to become resilient and navigate their lives successfully, offence free.

The program will run consecutively after completion of the previous program. Participation and attendance in all modules will be expected. Throughout the 12 sessions, youth will be introduced to community supports and engage in community events when available.

REINTEGRATION HOUSING OPTIONS
DESCRIPTION: Located in Regina. Sooksiht Lodge – Mission: To provide low barrier supported independent living residency program for males over the age of 55 who have been incarcerated.

Liberty Lodge - Intended for men 25 years of age and older with a history of incarceration and in need of housing.

LAKELAND DISTRICT FOR SPORT, CULTURE AND RECREATION (LDSCR)
PHONE: 306-953-1623
WEB: https://www.lakelanddistrict.ca/
https://www.facebook.com/Lakeland-District-for-Sport-Culture-Recreation-168558819845384

DESCRIPTION: LDSCR is providing various virtual opportunities. LDSCR's mission is to facilitate capacity building in our communities to sustain a sport, culture, and recreation delivery system that enhances the quality of life of the people within our District.

NATIVE COORDINATING COUNCIL
PHONE: 306-764-1652

DESCRIPTION: Provides a range of community-based programming in Prince Albert including: family services; parent aides; parent aide specialists; in-home support: education on basic parenting, age/stage development, age appropriate discipline, nutrition, and budgeting; mediation; homebuilder programming; transportation to active clients for medical, legal, Ministry and grocery needs; VST Program; and 24 hour crisis centre which provides services to children (see Children's Haven).

PARKLAND RESTORATIVE JUSTICE
PHONE: 306-763-6224
WEB: www.parklandrestorativejustice.com
https://www.facebook.com/princealbertprj

DESCRIPTION: Parkland Restorative Justice (PRJ) is a community-based non-profit located on Treaty Six Territory in Prince Albert. We offer positive social support to inmates at the Saskatchewan Penitentiary, and recently released individuals reintegrating into the Parkland region and beyond. To do this we rely on volunteers to help us deliver our programming. We believe that human connection and positive social support is a basic need of all souls that leads to healing and restoration. By walking with those in our justice system we are helping to improve community safety and demonstrating that no one is disposable. Core to what we do are the values and principles found in restorative justice. We emphasize the following restorative practices in our programming:

- Providing social support to offenders while encouraging them to understand, accept, and carry out obligations.
- Encouraging collaboration and reintegration, rather than coercion and isolation in our justice system.
- Showing respect for all parties, including victims, offenders and justice colleagues.
- Involving and empowering the affected community through the justice process, while increasing its capacity to recognize and respond to the base of crime.

PRINCE ALBERT & AREA COMMUNITY FOUNDATION
PHONE: 306-764-9108
WEB: https://pafoundation.ca/

DESCRIPTION: The Prince Albert and Area Community Foundation exists to encourage philanthropy and to fund charitable activities that will contribute to an improved quality of life in our region.

PRINCE ALBERT COMMUNITY SERVICE CENTRE (PACSC)
PHONE: 306-953-4460
WEB: http://www.pacsc.com/

DESCRIPTION: The Prince Albert Community Service Centre is open Monday to Friday from 8:30am to 12:00pm and 1:00pm to 4:30pm. The Community Service Centre offers a variety of supports in the areas of employment, budget counselling and accessible transportation for seniors and PWDA (person's with Diverse Abilities).
The Community Service Centre works to increase the self confidence and job search skills participants need to find long term employment and build the career of their choice. Working together in a one on one or group environment we focus on your needs specifically through one of our employment programs. For more information on our services please contact us by phone, email or drop into our office.

SPECIALIZED EMPLOYMENT
DESCRIPTION: Prince Albert Supported Employment (PASE) and Work Preparation Programs:
Vocational Counsellors work with participants to identify and reduce barriers to employment through practices that encourage, enhance, and empower personal responsibility towards action-oriented goals. Participant skills, interests, aptitudes and experiences determine their direction as short and long-term goals are identified. Viable action plans are developed and evaluated at each session. Where appropriate, employment supports such as specialized training, work assessments, job coaches and psycho-educational assessments are utilized to increase the likelihood of long-term employment. Job Finding Clubs offer opportunities for participants in a closed group setting to develop enhanced job search skills while benefiting from the support and encouragement of hunting in packs. Work Preparation is available to job seekers over 16 years of age interested in actively moving forward towards future employment. The PASE program is focused on helping people overcome barriers to employment due to disability.

Call Tyness at 306-953-4471 or Melanie at 306-953-4476 for Work Preparation
Call Regan at 306-953-4463 or Jody at 306-953-4486 for PASE

ENHANCED CAREER BRIDGING
DESCRIPTION: Offers a comprehensive service to participants who face job search barriers to obtaining employment. 8 weeks in the classroom and 6 weeks work experience. For 16 or older, un-employed or under-employed. Teaches professional group-based career planning, labour market information and how to tap into the hidden job market. As well as job search support, resume and cover letter writing. Information and techniques on marketing yourself on the hunt for employment, and methods to nail the job interview. The program is a group classroom setting with 10 seats available.

Call Carol at 306-953-4479 or email at c.samuel@pacsc.com

INDIVIDUALIZED JOB SEARCH
DESCRIPTION: Provides quick service access without the need for an appointment (scheduled times are preferred during COVID). Vocational Counsellors facilitate access to computers, phone, fax and printer in order for participants to search for employment. Counsellors will assist with resume and cover letter preparation and assist participants in applying for jobs on-line. Space may be available to complete requests for electronic job interviews (zoom). Counsellors can assist participants in preparing for job interviews. Vocational counsellors also provide insights into cracking the hidden job market and developing networks.

Call Krista at 306-953-4475 or Kristy at 306-953-4464

BUDGET COUNSELLING
DESCRIPTION: Budget Counselling is offered to Ministry of Social Services referred participants. Trustee services include but are not limited to financial goal setting, budget development, assistance with financial decision making and assistance managing personal financial affairs. The intended outcome is assisting individuals with barriers to money management ensuring their budget is successfully administered.

PRINCE ALBERT HUB
PHONE: 306-765-2880
EMAIL: smorash@papolice.ca

DESCRIPTION: Hub is a collaborative, integrated multi-agency team striving to build safer and healthier communities through mobilization of existing resources to support individuals/families at acutely elevated risk.

Hub is collaborative risk-driven intervention by mobilizing existing services in situations of acutely-elevated risk. Acutely elevated risk means that a situation meets these elements: - Significant interest at stake, - Probability of harm occurring, - Significant intensity of harm, and - Multi-agency nature of the risk.

PRINCE ALBERT INDIAN AND MÉTIS FRIENDSHIP CENTRE
PHONE: 306-764-3431
WEB: https://www.afcs.ca/pages/indian__metis_friendship_centre_of_prince_albert.html
https://www.facebook.com/PAIMFC

DESCRIPTION: The mission of the Prince Albert Indian and Métis Friendship Centre is to improve the quality of life for Indigenous people in the city of Prince Albert. For a complete listing of core programs, please visit their website. PAIMFC is currently expanding Youth programming. See Facebook or contact for more details. Aboriginal Court Worker and Family Law Court Worker are housed at the centre.

PRINCE ALBERT MÉTIS WOMEN'S ASSOCIATION INC.
PHONE: 306-763-5356
WEB: https://www.pamwa.ca/

DESCRIPTION: The Prince Albert Metis Women's Association is a non-profit organization that administers numerous programs and services for Metis women. Our main focus is to support and educate. We offer a safe space, resources and support. Programs and services are listed below.

ELDER ACTIVITIES PROGRAM:
PHONE: 306-763-5356
DESCRIPTION: We encourage elders to keep active, maintain social contact and make their daily lives more pleasurable. Elder program provides a variety of physical, social and recreational activities.

HIV/AIDS HEALTH PROMOTION PROGRAM:
PHONE: 306-763-5356

DESCRIPTION: Program is designed to assist and support individuals living with or who are affected by HIV/AIDS. HIV Health Promotion works to identify barriers to accessing supports and services as well as working with community partners to develop protocols when supporting clients with HIV/AIDS. We continue to raise awareness with the goal if increasing understanding and preventing further transmission of HIV/AIDS and other STI infections.

JUST WORKERS YOUTH RESTITUTION PROGRAM:
PHONE: 306-763-5356

DESCRIPTION: Youth between the age of 12 to 17 who have committed crime and been ordered to pay restitution or complete community service hours can enter the program through a registration process. The program hires and supervises the youth while they complete their restitution orders, with the earned funds being paid back to the victim/community.

MICHIF LANGUAGE PROGRAM:
PHONE: 306-763-5356

DESCRIPTION: Preservation of the Michif language provided by Elder teachings.

OOSHTA - EXPLORING BARRIERS TO INDIGENOUS WOMEN'S ECONOMIC SECURITY:
PHONE: 306-763-5356

DESCRIPTION: Program is designed to explore barriers to Indigenous women's economic security and identify solutions to those barriers.

REACHING HOME – HOUSING WORKS PROGRAM:
PHONE: 306-763-5356

DESCRIPTION: To deliver activities that will lead to housing or prevent homelessness. Activities include but are not limited to supporting clients to find and retain housing, landlord liaison and budgeting.

AFTER SCHOOL DISABILITIES PROGRAM
DESCRIPTION: Children with physical disabilities are children first. Like all children, they need opportunities to make choices and do things for themselves, within the limits of their ability. This program provides the necessary support to persons with disabilities and their families.

SCHOOL MEDIATION
DESCRIPTION: The School Mediation Program is funded by the Aboriginal Justice Directorate of Justice Canada. The goal of this program is to assist community schools in teaching conflict resolution techniques, using the principles of restorative justice, to their students and to mediate disputes.

GENDER BASED VIOLENCE REDUCTION
DESCRIPTION: Funding provided by the Canadian Women's Foundation has made it possible to initiate programs that focus on the multi-sectoral needs of victims of gender-based violence ensuring that they have access to essential services that will meet their needs of physical, mental and social well-being and that they are further protected from further violence or re-victimization.

ROYAL CANADIAN LEGION PRINCE ALBERT BRANCH NO. 2
PHONE: Office: 306-763-7201 Lounge: 306-763-7979
WEB: http://palegion2.ca/

DESCRIPTION: The Legion's objectives are to advance the spirit of comradeship and mutual assistance among all who have served and to never forget the deeds of the fallen. There are three types of memberships available, and anyone can join. The lounge is open Tuesday-Wednesday 1:00pm-7:00pm, Thursday-Friday 1:00pm-9:00pm, and Saturday 2:00pm-7:00pm. The office is currently closed, please call for more information.
For a list of events, please visit the monthly events calendar: https://palegion2.ca/Events.htm

PRINCE ALBERT MULTICULTURAL COUNCIL (PAMC)
PHONE: 306-922-0400
WEB: https://www.pamcsk.com/

DESCRIPTION: The Prince Albert Multicultural Council is a non-profit organization that fosters (cultivates) the appreciation of all cultures in the community through education, settlement services, community engagement and celebrations. Open Monday-Friday 8:30am-4:30pm, closed weekends and statutory holidays. Please visit the website for programs and services offered.

PRINCE ALBERT PRIDE
EMAIL: princealbertpride@gmail.com
WEB: https://www.facebook.com/PrinceAlbertPride/

DESCRIPTION: Prince Albert Pride provides support and events for the Gender and Sexual Diverse community and our Allies. Check out the Facebook page for news about virtual events and supports.

PRINCE ALBERT PUBLIC LIBRARY (PAPL)
PHONE: 306-763-8496
WEB: https://princealbertlibrary.ca/
https://www.facebook.com/jmcpl.ca/

DESCRIPTION: Open Monday-Thursday 8:30am-9:00pm, Friday-Saturday 8:30am-5:00pm, and Sunday 1:00pm-5:00pm. Please visit the website for further details.

SOCIÉTÉ CANADIENNE-FRANÇAISE DE PRINCE ALBERT (SCFPA):
PHONE: 306-763-0337
WEB: https://www.scfpa.net/
EMAIL: scfpa@sasktel.net

DESCRIPTION: The Société Canadienne-Française hosts Camp FrancoFun day camp which is a French-focused program. The camp typically can accommodate 30 children per day. For more information or to enrol your child, please email: campfrancofun@scfpa@gmail.com.comor

The mission of the Société Canadienne-Française de Prince Albert is to make the French language accessible and to introduce French-Canadian culture, to bring together Francophones and Francophiles from the Prince Albert region and to promote Francophone artists from all walks of life.
La Société canadienne-française de Prince Albert a pour mission de rendre accessible la langue française et faire découvrir la culture canadienne-française, rassembler les francophones et les francophiles de la région de Prince Albert et promouvoir les artistes francophones de tous les milieux.

SERVICES:
-French editing service
-Rental of press magazines in French
-Rental of banquet halls and equipment
-Board game rental service
-Computer access service
-Sales of greeting cards
-Translation service

STR8-UP, PRINCE ALBERT OFFICE
PHONE: 306-763-3001
WEB: https://www.str8-up.ca/
EMAIL: info@str8-up.ca

DESCRIPTION: Str8-Up has opened an office in Prince Albert to deliver the Provincial Gang Strategy's Community Intervention Model. This project is designed to work with gang-affiliated individuals between the ages of 15 to 30 who are considering leaving their gang and need support on their healing journey. Due to the ongoing pandemic, offices and staff are transitioning wrap-around services to a virtual environment for online support and program participants, expanding support services for those facing early release, providing transitional housing, serving as an emergency resource and more. Please see the contact information below or the website link above for more information:

STR8-UP Prince Albert CIM Program Coordinator at 306-763-3001
Fionncara MacEoin STR8-UP Saskatoon CIM Program Coordinator at 306-381-3124 or fionncara.m@str8-up.ca
Russ Miskey Executive Director STR8-UP Saskatoon CIM at 306-244-1771

TOASTMASTERS
WOODLAND COMMUNICATORS TOASTMASTERS CLUB
PHONE: 306-940-8910
EMAIL: woodlandcommunicators@gmail.com
WEB: https://woodland.toastmastersclubs.org/
https://www.facebook.com/woodlandcommunicators

DESCRIPTION: Join us weekly as we build confidence, develop our communication skills, practice active listening, discover and hone our leadership skills! These real-world, highly in-demand soft skills will help you advance your personal life, career, or even get a new job! You will join a community of learners, and in Toastmasters meeting we learn by doing. Meets every Tuesday virtually from 7:00 – 8:30 p.m.

WAPITI REGIONAL LIBRARY
PHONE: 306-764-0712
WEB: https://wapitilibrary.ca/

DESCRIPTION: Wapiti Regional Library serves an area of approximately 61,242 square kilometers in North Central Saskatchewan's beautiful Lake Country. Our library system serves over 100 municipalities, including Indigenous communities, rural municipalities, villages, towns, and two cities. The Regional Office is located at 145- 12th Street East, Prince Albert. Hours are Monday-Friday, 8:0am-5:00pm. Please visit: https://wapitilibrary.ca/COVID19/ for more information on regulations.

WEST FLAT CITIZEN'S GROUP INC. (BERNICE SAYESE CENTRE)
PHONE: 306-763-9378
FAX: 306-922-0406
WEB: https://facilities.citypa.ca/Home/Detail?ScrollTo=scroll-map-list-container&Page=2&Id=154ac8fb-1ac0-4bb7-bd5d-96a7e39c2d00
https://www.facebook.com/groups/350525541636169/

DESCRIPTION: Provides programs and services to residents of the West Flat community. Open Monday-Friday, 8am-5pm. Please visit the Facebook page or call for more information.

YWCA SETTLEMENT SERVICES
PHONE: 306-763-0736
WEB: https://www.ywcaprincealbert.ca/settlement-services

DESCRIPTION: Settlement Services houses programs and services that settle refugees arriving in Prince Albert. Among the services provided are language classes, employment assistance workshops, and cultural integration information. Services are available by contacting staff directly.

YWCA COMMUNITY CONNECTION CENTRE
PHONE: 306-765-2530
WEB: https://www.ywcaprincealbert.ca/community-connection-centre
DESCRIPTION: The Community Connection Centre offers a variety of services and programming. Please call, visit the website or drop by the Centre for more information or to access services.

EDUCATION AND TRAINING

A2Z SAFETY & TRAINING LTD.
PHONE: 306-960-2881 or 855-756-2884 (toll free)
WEB: https://www.a2zsafetyandtraining.ca/

DESCRIPTION: Offering modified classroom safety training, drug and alcohol testing and online courses. Will be following COVID-19 regulations. The doors are locked to the general public, please call to connect and for more information on bookings, please call.

CANADIAN RED CROSS SOCIETY, PRINCE ALBERT BRANCH
PHONE: 306-765-2600
WEB: https://www.redcross.ca/in-your-community/saskatchewan/find-a-branch/prince-albert-branch

DESCRIPTION: The branch office is currently closed to the public. Hours are Monday-Friday 9:00am-4:00pm. Phone messages are being checked regularly. Offering several online training and certifications, including in First Aid and CPR.

FIRST NATION UNIVERSITY OF CANADA, PRINCE ALBERT CAMPUS
PHONE: 306-765-3333
WEB: http://fnuniv.ca/

DESCRIPTION: For the Fall/Winter term 2021-2022, the University is requiring proof of vaccination to attend classes on campus. Please visit https://www.fnuniv.ca/academic/student-information-for-fall-2021/ for more information.
First Nations University of Canada offers its university programs and services on its campuses, as well as in First Nations communities across Saskatchewan and Canada. Each campus offers registration, academic advising, and student support services, library services, student lounges, as well as cultural and traditional advising services (through the Elders). Each campus also houses a campus student association.

GABRIEL DUMONT INSTITUTE, PRINCE ALBERT CAMPUS
PHONE: 306-922-1656
WEB: https://gdins.org/

DESCRIPTION: GDI is open for the Fall/Winter term of 2021-2022. Vaccinations are strongly encouraged and those not fully vaccinated should receive weekly rapid testing and daily symptom checklist. Additional supports are being made available to Training and Employment clients. Every Monday, the institute shares performances from Métis Artists. New Mental Wellness Student Support Program and COVID-19 Emergency Bursary for Métis Students has been announced – visit the website for more information and regular updates (https://gdins.org/covid-19/). GDI is a Saskatchewan-based educational, employment and cultural institute serving Métis across the province. The Prince Albert location also offers access to the Saskatchewan Urban Native Teacher Education Program (SUNTEP) (call 306-764-1797) and features a Training and Employment Centre (call 306-763-8013).

LEARNING DISABILITIES ASSOCIATION OF SASKATCHEWAN, PRINCE ALBERT BRANCH
PHONE: 306-922-1071
EMAIL: premaa@ldas.org
florah@ldas.org
WEB: https://www.ldas.org/

DESCRIPTION: Academic programs are continuing on in-class with staff & students attending; safety precautions have been put in place to help keep us all safe. We continue to take applications for our academic programs; GED Upgrading & Adult 12. Contact can be made via Email, Phone, & Walk-In.
LDAS promotes the education, employment, wellness, and human rights of all children and adults (you do not need to have a learning disability to access programs at LDAS).

PRINCE ALBERT CATHOLIC SCHOOL DIVISION
PHONE: 306-953-7500
WEB: http://pacsd.ca/

DESCRIPTION: Pre-K to Grade 12 Catholic Education School Division with 7 schools. There are hybrid and online programming available for students, please see the website for more information.

SASKATCHEWAN INDIAN INSTITUTE OF TECHNOLOGIES (SIIT), PRINCE ALBERT CAMPUS
PHONE: 306-953-7225
WEB: https://siit.ca/

DESCRIPTION: Please see https://siit.ca/covid-info/ for COVID-19 information. In 1976, SIIT was established by First Nation leaders to carry out the vision and needs of our communities and citizens. That vision remains strong and dedicated. Today, as an Indigenous institution governed by First Nation leaders, our vibrant learning community is made up of more than 90% Indigenous students and 70% Indigenous staff. With a province wide footprint of campuses, trade and Career Centres, mobile training units, and many community program sites, SIIT programs are available wherever you are. We consider ourselves fortunate to be able to attract student talent from every community and First Nation in Saskatchewan-welcoming many from beyond provincial borders.

SASKATCHEWAN INDIAN INSTITUTE OF TECHNOLOGIES (SIIT), PRINCE ALBERT CAREER CENTRE
PHONE: 306-953-7228
WEB: https://siit.ca/career-centres/

DESCRIPTION: Please see above (SIIT, Prince Albert Campus) for COVID restrictions.

Contact information for each location can be found at https://siit.ca/ and follow your local Career Centre Facebook page for updates. The Career Centre offers resume updates, career counselling services, job search preparation, and employer links to employment.

SASKATCHEWAN POLYTECHNIC, PRINCE ALBERT CAMPUS
PHONE: 866-467-4278
WEB: https://saskpolytech.ca/about/campuses/prince-albert-campus.aspx

DESCRIPTION: Please see https://saskpolytech.ca/coronavirus/ for information on COVID-19 regulations. Sask Polytech is committed to keeping our community healthy, safe and informed. Saskatchewan Polytechnic serves students through applied learning opportunities.

SASKATCHEWAN RIVERS PUBLIC SCHOOL DIVISION
PHONE: 306-764-1571 or 888-764-1571 (toll free)
WEB: www.srsd119.ca

DESCRIPTION: Saskatchewan Rivers Public School Division is a publicly funded, public school division serving Pre-K to Grade 12 students. As such, we welcome students of all faiths and backgrounds, and provide a range of programming that is the envy of school divisions across the province. Students looking for that wide range of programming, provided in a values-laden environment, have found great comfort, and success, in our schools. We are a large school division geographically, with schools located in the City of Prince Albert, as well as in rural areas in all four directions from the city, ranging from Big River to St. Louis to Kinistino to Meath Park to Christopher Lake, and many points in between; 32 schools in all, serving 9,000 students.

UNIVERSITY OF SASKATCHEWAN, PRINCE ALBERT CAMPUS
PHONE: 306-765-7655 or toll-free: 844-765-7655
WEB: https://pa.usask.ca/

DESCRIPTION: Please see https://covid19.usask.ca/?utm_source=updates&utm_medium=redirect&utm_campaign=2021-03-11 for USask's COVID-19 regulations. The USask Prince Albert Campus offers classes for direct entry colleges, including Arts and Science, Agriculture and Bioresources, Education, Edwards School of Business and Kinesiology, as well as credit toward many other programs. The first, pre-professional year toward professional colleges such as Dentistry, Law, Medicine, Nutrition, Pharmacy, Physical Therapy, Veterinary Law, Optometry, and Social Work is also available. The entire Bachelor Science of Nursing degree can be taken at the USask Prince Albert Campus.

EMERGENCY SERVICES

FOR EMERGENCIES PLEASE DIAL: 911

FIRE: NON-EMERGENCY
PHONE: 306-953-4200

PARKLAND AMBULANCE
PHONE: 306-953-9800

POLICE: NON-EMERGENCY
PHONE: 306-953-4222 X1

PRINCE ALBERT MOBILE CRISIS UNIT
PHONE:
Crisis line: (306) 764-1011
Sexual Assault line: (306) 764-1039
Administration line: (306) 763-8181

WEB: https://www.pacrisis.ca/
DESCRIPTION: Provides crisis response, intervention services and offer sexual assault counselling.

PRINCE ALBERT POLICE SERVICE – VICTIM SERVICES UNIT (PAPS VSU)
PHONE: 306-953-4357

DESCRIPTION: Victim Services is a program of the Prince Albert Police Service dedicated to assisting all victims of crime and traumatic events through referral, advocacy, information, and support immediately after an event and throughout the court process.

We can also provide victims with: court updates on the accused and help with court prep should they be subpoenaed to testify, Victims Compensation Applications and Victim Impact Statements.

The Indigenous Resource Officer (IRO) is a program within PAPS VSU: An IRO will provide culturally appropriate support services to Indigenous victims of crime and traumatic events. This includes providing information, support, referral and advocacy. We participate in cultural activities, committees and meetings with agencies within our community. We also communicate with our Police Service to provide the best possible support and assistance for our clients. IRO also provides Indigenous education and protocol to PAPS Members. IRO also can refer Police Members and Victims to sweat lodges or other ceremonies when appropriate.

Missing Persons Liaison (MPL) is a program within PAPS VSU and they have a certain mandate to help provide specific services to families of Missing Persons, and they have a tool kit that helps families.

Both IRO and MPL also carry a VS caseload alongside our specialized programs.

VSU is now at the New PAPS Substation at 40-10th Street East and no longer in the main station.

EMPLOYMENT SERVICES

PRINCE ALBERT COMMUNITY SERVICE CENTRE (PACSC)
PHONE: 306-953-4460
WEB: http://www.pacsc.com/

DESCRIPTION: Fully operational. Please see our COVID - 19 link on the website for newest updates, focusing on everyone's health and safety. Appointments are preferred. Please call the office to arrange an appointment.

SPECIALIZED EMPLOYMENT
DESCRIPTION: Prince Albert Supported Employment (PASE) and Work Preparation Programs:
Vocational Counsellors work with participants to identify and reduce barriers to employment through practices that encourage, enhance, and empower personal responsibility towards action-oriented goals. Participant skills, interests, aptitudes and experiences determine their direction as short and long-term goals are identified. Viable action plans are developed and evaluated at each session. Where appropriate, employment supports such as specialized training, work assessments, job coaches and psycho-educational assessments are utilized to increase the likelihood of long-term employment. Job Finding Clubs offer opportunities for participants in a closed group setting to develop enhanced job search skills while benefiting from the support and encouragement of hunting in packs. Work Preparation is available to job seekers over 16

years of age interested in actively moving forward towards future employment. The PASE program is focused on helping people overcome barriers to employment due to disability.

Call Tyness at 306-953-4471 or Melanie at 306-953-4476 for Work Preparation
Call Regan at 306-953-4463 or Jody at 306-953-4486 for PASE

INDIVIDUALIZED JOB SEARCH
DESCRIPTION: Provides quick service access without the need for an appointment (scheduled times are preferred during COVID). Vocational Counsellors facilitate access to computers, phone, fax and printer in order for participants to search for employment. Counsellors will assist with resume and cover letter preparation and assist participants in applying for jobs on-line. Space may be available to complete requests for electronic job interviews (zoom). Counsellors can assist participants in preparing for job interviews. Vocational counsellors also provide insights into cracking the hidden job market and developing networks.

Call Krista at 306-953-4475 or Kristy at 306-953-4464

PRINCE ALBERT GRAND COUNCIL YOUTH EMPLOYMENT SUPPORT
PHONE: 306-765-5300
WEB: https://www.pagc.sk.ca/urban-services/urban-services-urban-programs/
DESCRIPTION: There are now two Employment Support Persons (Job Coaches) hired to assist and support Youth at Risk gain job placements through the Work Experience Program at Carlton Comprehensive High School and Wesmor Community School. This was made possible through a partnership between Prince Albert Grand Council Urban Services and Saskatchewan Rivers School Division #119 funded by the Corrections and Public Safety.

PRINCE ALBERT MULTICULTURAL COUNCIL (PAMC) SKILLS TRAINING FOR ACHIEVEMENT AND GAINFUL EMPLOYMENT (STAGE)
PHONE: 306-922-0400
WEB: https://www.pamcsk.com/

DESCRIPTION: The Prince Albert Multicultural Council is a non-profit organization that fosters (cultivates) the appreciation of all cultures in the community through education, settlement services, community engagement and celebrations. Open Monday-Friday 8:30am-4:30pm. Please visit the website for programs and services offered.

SERVICE CANADA
PHONE: 800-622-6232
WEB: https://www.canada.ca/en/employment-social-development/corporate/portfolio/service-canada.html

DESCRIPTION: Due to recent service changes as a result of COVID-19 (Coronavirus), we urge you not to visit local Service Canada Centres unless it is absolutely necessary to do so. Individuals should continue to use Service Canada's many online services whenever possible.

1) Go online: Canada.ca

For the most convenient, easy-to-use and secure way to apply, view or update your information, access our most requested services online. Please note that you can now apply online for a Social Insurance Number (SIN), essential for accessing government services and benefits, through the secure SIN online portal.

2) Call us

Access our most requested toll-free numbers for service. Please note that call volumes are expected to be high during this time.

3) Get extra help without leaving your home

If you have a question, need extra help or need to make an appointment for an in-person service, fill out the service request form and a Service Canada officer will call you back within 2 business days.

If your community members or individuals within your network do not have access to the internet or face other barriers, the Service Canada Outreach Support Centre will ensure they get access to the services and benefits they need. Call our toll-free number 1-877-631-2657 (TTY: 1-833-719-2657) from 8:30am to 4:00pm Monday to Friday.

4) Visit us by APPOINTMENT

If you require service in-person please make a request for an appointment by filling out the service request form. A Service Canada officer will call you back within 2 business days. If your request cannot be completed by phone, they will offer you an appointment for service at a Service Canada Centre. Please note that we are not accepting requests for same day bookings.

If you require an appointment and do not have access to the internet call our toll free Service Canada Outreach Support Centre at 1-877-631-2657 (TTY: 1-833-719-2657) from 8:30am to 4:00pm Monday to Friday.

YWCA COMMUNITY CONNECTION CENTRE
PHONE: 306-765-2530
WEB: https://www.ywcaprincealbert.ca/community-connection-centre

DESCRIPTION: The Community Connection Centre is open. Call us to book an appointment.

FOOD

AJ'S CONVENIENCE STORE
PHONE: 306-922-9201
WEB: https://www.facebook.com/AJS-Convenience-East-Indian-groceries-1543578049267862/

DESCRIPTION: Offer a variety of east Indian food items and basic groceries. Open Monday-Friday 9:00am-6:00pm and Saturday and Sunday from 10:00am-6:00pm. Offering delivery of groceries after 6:00pm on orders over 50 dollars.

BEV'S FISH AND SEAFOOD LTD.
PHONE: 877-434-7477
WEB: http://www.bevsfishandseafood.ca/

DESCRIPTION: Provides wild caught Saskatchewan fish and a variety of other seafood options.
#2, 320 South Industrial Drive Location: Monday-Friday 9:00am-5:30pm, Saturday 9:00am-5:00pm
799 – 801 15th Street East Location: Monday-Friday 10:00am-6:30pm, Saturday 9:00am-6:00pm, Sunday 12:00pm-5:00pm.

BIG WINGS
PHONE: 306-764-7777
WEB: https://www.facebook.com/bigwingspa/

DESCRIPTION: Open Sunday-Thursday 10:30am-12:00am, Friday-Saturday 10:30am-1:00am. We carry over 100 delicious and diverse flavours (sweet, savoury, spicy, and salty) for our chicken wings, boneless wings, and boneless dry ribs. We have the best fries and gravy (beef or chicken), poutine, deep fried pickles, deep fried Mac and cheese, etc.

BISON CAFE
PHONE: 306-763-9095
WEB: https://www.facebook.com/pg/BisonCafePrinceAlbert

DESCRIPTION: The Café is now open. Hours are Monday-Friday - 7:30am-4:00pm, Saturday - 9:00am-2:00pm and Sundays – closed.

BISTRO FILIPINO
PHONE: 306-970-9292
WEB: https://www.facebook.com/bistrofilipinoprincealbert/

DESCRIPTION: Filipino food is simple and honest. It's a natural fusion of different cultures. Come and discover our diverse flavours! Delivery is available for orders over $30. Hours are 11:30am – 6:30-pm on Tuesday – Friday, 11:30am – 7:30pm on Saturday, 11:00am – 3:00pm on Sunday, and closed on Monday.

BOSTON PIZZA
PHONE: 306-764-8877
WEB: https://www.bostonpizza.com/

DESCRIPTION: Take out and delivery available. Hours are Sunday-Wednesday 11am-11pm and Thursday-Saturday 11am-12am. Call or order through Skip the Dishes.

CROWN PIZZA
PHONE: 306-922-6000
WEB: https://www.facebook.com/pg/crownpizzaprincealbert/about/?ref=page_internal

DESCRIPTION: Delivery available, please call to place order. Hours are Monday-Thursday 10:30am-9:00pm, Friday 10:30am-12:00am, Saturday 11:00am-12:00am, Sunday 12:00pm-9:00pm.

D&L GOURMET MEATS
PHONE: 306-922-2050

DESCRIPTION: Curbside pickup available. D&L Gourmet Meats is a family run business that provides the finest quality smoked sausage, beef and pork products, with a 20-year history in the community. Open Monday-Saturday 9:00am-5:30pm.

DR. JAVA'S COFFEE HOUSE
PHONE: 306-764-5282
WEB: https://www.facebook.com/Dr.Javas/

DESCRIPTION: Drive thru, Free WIFI, office catering, online order available, in house roasted coffee, in house baked goods, all food is fresh and made to order. Hours are Monday-Friday 6:00am-5:00pm, Saturday-Sunday 8:00am-4:00pm.

HAROLD'S FAMILY FOODS
PHONE: 306-922-3663
WEB: http://familyfoods.ca/store-locator/saskatchewan/#sk-prince-albert-harolds-family-foods-saskatchewan
EMAIL: haroldsfamilyfoods@shaw.ca

DESCRIPTION: Providing grocery delivery for $7.50.

INSTACART.CA
WEB: https://www.instacart.ca/grocery-delivery/prince-albert-sk?zipcode=S6V%207G9

DESCRIPTION: Grocery delivery service that allows individuals to shop from Real-Canadian Superstore, Walmart, Shoppers Drug Mart, Staples M&M Food Market, Bulk Barn and Michaels.

LAKE COUNTRY CO-OP FOOD STORE
PHONE: 306-764-9393
WEB: https://www.lakecountryco-op.crs/sites/lakecountry

DESCRIPTION: The store is open everyday from 8:00am-8:00pm. Curbside pick-up and delivery is available to all members, Monday to Friday. For more information or to place an order visit: https://www.lakecountryco-op.crs/sites/lakecountry/local/detail/delivery-curbside-pickup

MONTANA'S BBQ AND BAR
PHONE: 306-763-4888
WEB: https://www.facebook.com/montanasprincealbert/

DESCRIPTION: Dining room is open 11:00am – 10:00pm daily.

MY PLACE COFFEE HOUSE BISTRO AND CATERING
PHONE: 306-922-2299 or 306-981-3765
WEB: https://www.myplacebistro.ca/

DESCRIPTION: Now open for eat in meals as well as take-out Monday - Friday 9:00am - 5:00pm. Offering take away made in house pre-frozen meals. Offers catering. Orders can be phoned in and can be delivered out to your vehicle.

NEW WORLD LICENCED RESTAURANT
PHONE: 306-764-1500
WEB: https://newworldrestauranttogo.com/

DESCRIPTION: Open daily for dine-in, take-out and delivery from 11:30am – 12:00am. Offers Chinese and Western style cuisine.

PA FOOD BOX (SMART FAMILIES FOOD CO-OPERATIVE)
PHONE: 306-764-0242
WEB: http://www.pafoodbox.ca/
EMAIL: pafoodbox@gmail.com

DESCRIPTION: Food Box pickup will be at YWCA Community Connection Centre, 1250 1st Ave E (next to John M. Cuelenaere Public Library and Ashly Cabinets) from 10:30am - 4pm. Please call if you cannot pick up in these times or if you have any questions. The only local non-profit subscription food box, with a history of over 15 years in our community.

PIZZA 73
PHONE: 306-764-7373
WEB: https://www.pizza73.com/Pizza73/pizza-73-locations/#Prince_Albert_Saskatchewan

DESCRIPTION: Offering take-out and delivery services.

PRINCE ALBERT COMMUNITY CARES KITCHEN
PHONE: 306-930-1339
WEB: https://www.facebook.com/Community-Cares-Kitchen-Prince-Albert-109149180723734/

DESCRIPTION: Community Cares Kitchen was born of the need to care for our Elders and vulnerable community members. We are operating out of the Winter Shelter at the Moose Lodge, 107 8th Street East. Here is a list of items required currently: socks, snacks of any kind, fabric for masks. Contact Natalie Guimond at 306-930-1339 to discuss sponsorship/donations/etransfers/drop-offs.

PRINCE ALBERT FARMER'S MARKET
WEB: https://pafm.ca/
https://www.facebook.com/pafarmmarket/

DESCRIPTION: For the Winter season we are operating at Gateway Mall on Saturdays from 11am-3pm. Please see the website for more details.

PRINCE ALBERT FOOD BANK
PHONE: 306-763-5040
WEB: http://www.pafoodbank.ca/

DESCRIPTION: We provide emergency food support to those in need and support local feeding and food security initiatives. Community Kitchen programming and services have been suspended indefinitely. Business hours are from 9:00am-12:00pm, then 1:00-5:00pm from Monday to Friday. Food Hamper operations are continuing as usual, with pickup times between 1:00-2:30pm from Monday to Friday at 64, 11th Street East. A pet friendly winter warm up room is available.

RED SWAN PIZZA
PHONE: 306-970-3040
WEB: https://redswanpizza-princealbert.brygid.online/zgrid/proc/site/start.jsp

DESCRIPTION: Offering contact-less delivery services and takeout, open 7 days a week.

RICKY'S ALL-DAY GRILL
PHONE: 306-922-0909
WEB: https://rickysrestaurants.ca/locations/prince-albert/
https://www.facebook.com/RickysPrinceAlbert/

DESCRIPTION: Open for dine-in, delivery and take-out. Call directly to place orders.

SAVE-ON-FOODS
PHONE: 306-953-0250
WEB: https://www.saveonfoods.com/store/prince-albert/

DESCRIPTION: The store is open everyday from 8:00am-8:00pm. Online shopping, delivery and pick-up is available through the store's website.

SCIENCE FICTION PIZZA
PHONE: 306-922-9000
WEB: https://www.sciencefictionpizza.ca/

DESCRIPTION: Delivery services are available.

SELENA'S DONAIR
PHONE: 306-763-3200
WEB: https://www.selenasdonair.com/
https://www.facebook.com/selenasdonair/?hc_location=ufi

DESCRIPTION: Open Sunday – Thursday from 10:00am – 11:00pm, and Friday – Saturday from 10:00am – 12:00am.

SPICE TRAIL RESTAURANT
PHONE: 306-970-9442
WEB: https://www.facebook.com/thespicetrailpa/

DESCRIPTION: Offering dine-in, take-out and delivery services. Orders can be placed through their free app on www.foodbooking.com

SPICY PEPPERCORN CHINESE AND VIETNAMESE RESTAURANT
PHONE: 306-763-7755
WEB: http://www.spicypeppercorn.com/

DESCRIPTION: Open Tuesday – Saturday 11:00am – 9:00pm, Sunday 4:00pm – 9:00pm, and closed Mondays.

STAR HOUSE CHINESE FAMILY RESTAURANT
PHONE: 306-764-6700
WEB: https://www.starhousefamilyrestaurant.com/

DESCRIPTION: Offers catering and a banquet hall. Free delivery for orders over $17 within city limits.

SUPERSTORE
PHONE: 306-953-8100
WEB: https://www.realcanadiansuperstore.ca/

DESCRIPTION: The store is open everyday from 8:00am-8:00pm. Online shopping and pick-up is available at the store through their app. Delivery services are available through Instacart.ca.

SUSHI HOUSE
PHONE: 306-314-9831(temporary number)
WEB: https://www.facebook.com/pages/Sushi-House/158895234262724

DESCRIPTION: Open Monday – Saturday from 11:00am – 9:00pm.

SWEET STELLS CAKES AND MORE
PHONE: 306-960-5398
WEB: https://www.facebook.com/sweetstells/

DESCRIPTION: Currently accepting custom cake, cupcake and cookie orders. Pre-orders for bread and cinnamon buns can also be made. Afternoon deliveries can be accommodated. Preferred payment options are e-transfer, tap debit or credit. Contact for details.

THE GATE
PHONE: 306-764-2744
WEB: https://www.gatewaycovenant.ca/the-gate
https://www.facebook.com/TheGatePA/
EMAIL: gatewaycovenant@hotmail.com

DESCRIPTION: Located in Access Place, The Gate is a safe place for at-risk populations in Prince Albert. The Gate is operated by the Gateway Covenant Church. Currently, the drop-in center is closed due to COVID-19.
HIV Positive Peer Support Program and resources are available here. The Gate is distributing meals twice a day, in accordance with all applicable guidelines, to anyone who stops by. All are welcome regardless of faith background. The Gate is distributing approximately 60 breakfast bags containing peanut butter & jam sandwiches, granola bar, and fruit with a cup of coffee each morning. Hygiene bags are being distributed as supplies allow. Contact Tracy Anderson at btanderson@mac.com for donations. Office hours: Monday-Thursday 9am-12pm.

THE RUSTY OWL
PHONE: 306-970-8022
WEB: https://www.the-rusty-owl.com/
https://www.facebook.com/therustyowlexperience/

DESCRIPTION: Offering for sale frozen soups, perogies, cabbage rolls, stews, baking and much more. Please watch their page for pricing and pick up or delivery options. Hours are Monday to Friday, 11:00am-9:00pm, Saturday 10:30am-9:00pm, closed Sunday.

TJ'S PIZZA
PHONE: 306-764-5599
WEB: https://tjspizza-ordering-pa.securebrygid.com/zgrid/proc/site/start.jsp

DESCRIPTION: Delivery and pick up are available through the website. Eat in and catering options available as well.

VENICE HOUSE RESTAURANT
PHONE: 306-763-8555
WEB: https://venicehouseoncentral.ca/

DESCRIPTION: Open daily, please call 306-764-6555 to make a reservation.

VERN'S PIZZA
PHONE: 306-763-7777
WEB: https://vernspizza.com/index.php?page=prince-albert

DESCRIPTION: Orders can be placed over the phone and online. Pick-up or delivery are available. Regular hours of operation are being maintained.

WOKBOX
PHONE: 306-922-5414
WEB: https://www.facebook.com/WOKBOXPrinceAlbert/

DESCRIPTION: Open 11:00am – 11:30pm Monday – Saturday. Sundays open 11:00am – 11:00pm.

WALMART
PHONE: 306-764-9770
WEB: https://www.walmart.ca/en/stores-near-me/prince-albert-supercentre-3073
DESCRIPTION: Store is open everyday from 8:00am-8:00pm. Online shopping and pick-up are available through the website.

FAMILY

BIG BROTHERS BIG SISTERS OF PRINCE ALBERT
PHONE: 306-922-1299
WEB: https://princealbert.bigbrothersbigsisters.ca/

DESCRIPTION: Our vision is for all young people to realize their full potential. We match young people aged 6 to 16 who are facing adversity with trained caring adult volunteer mentors to help them build a positive developmental relationship to challenge growth, provide support, share power and expand possibilities. To book an appointment, please call us at 306-922-1299 to learn more about our programs or to book an appointment with our Mentoring Coordinator. We have a new office location: 29-11th St. E.

DREAM BROKERS PROGRAM
PHONE: 306-975-3405
WEB: https://www.givekidsachancecharity.ca/about/programs/dreambrokers

DESCRIPTION: The Prince Albert Dream Broker team has been putting together kits to deliver to families that include activities, games, snacks, mental health info, hygiene products, community aid news, and more. To donate items for these kits, please contact dawn.mcdougall@pacsd.ca. The Dream Broker Program is led by a team of individuals who work with the community to help under privileged children participate in sport, culture and recreational activities, and support families in accessing opportunities within Saskatoon, Regina and Prince Albert.

EARLY CHILDHOOD INTERVENTION PROGRAM (ECIP)
PHONE: 306-922-3247
WEB: https://prince-albert.ecip.ca/

DESCRIPTION: The ECIP is a province-wide network of community-based supports for the families of children aged 0-6 years that experience developmental delays or are at risk of delay.

FAMILY FUTURES INC.
PHONE: 306-763-0760
WEB: https://familyfuturespa.ca/

DESCRIPTION: If you are pregnant and need support we are still taking referrals. Service is provided for free. If you are interested in joining Family Futures Inc Prenatal Program, please call the office. Leave us a message on the phone, and someone will get back to you. We will check messages on a regular basis and will still be collecting the mail.

KIDSFIRST PRINCE ALBERT
PHONE: 306-765-6656
WEB: https://www.kidsfirstprincealbert.com/
https://www.facebook.com/KidsFirst-Prince-Albert-100213364687294/

DESCRIPTION: KidsFirst provides support and education to help you increase your knowledge of healthy early child development and attachment to your baby. The program provides support and builds on family strengths through home visiting and links to other community-based services. Relocated to the Gateway Mall.

PA EARLY YEARS FAMILY RESOURCE CENTRE (PAEYFRC)
PHONE: 306-763-0771
EMAIL: eyfamilyresource@sasktel.net
WEB: https://www.facebook.com/PA-Early-Years-Family-Resource-Centre-104636624471184/

DESCRIPTION: A safe, stimulating environment for families to learn and grow with their children. We offer a wide range of programs/events for families that will be FREE. We act as a visible, inclusive and welcoming access point for all families in Prince Albert & community specifically families with children ages prenatal-5 years.

PRINCE ALBERT EARLY CHILDHOOD COUNCIL
WEB: https://www.paecc.ca/

DESCRIPTION: Website can be used as a source to find supports and services in Prince Albert for families with young children, prenatal information and early childhood development information.

PRINCE ALBERT LITERACY NETWORK
PHONE: 306-922-6736
WEB: https://www.princealbertliteracy.ca/

DESCRIPTION: The Prince Albert Literacy Network is dedicated to helping people increase their level of literacy and to promote and support family literacy in our community. To reach this goal we have two areas of focus: Family Literacy and Adult Literacy.

GOVERNMENT

CITY OF PRINCE ALBERT, MAYOR – GREG DIONNE
PHONE: 306-953-4300

CITY OF PRINCE ALBERT, WARD 1 COUNCILLOR – CHARLENE MILLER
PHONE: 306-764-3690

CITY OF PRINCE ALBERT, WARD 2 COUNCILLOR – TERRA LENNOX-ZEPP
PHONE: 306-763-3818

CITY OF PRINCE ALBERT, WARD 3 COUNCILLOR – TONY HEAD
PHONE: 306-960-3048

CITY OF PRINCE ALBERT, WARD 4 COUNCILLOR – DON CODY
PHONE: 306-764-2177 or 306-961-7870

CITY OF PRINCE ALBERT, WARD 5 COUNCILLOR - DENNIS OGRODNICK
PHONE: 306-764-2655

CITY OF PRINCE ALBERT, WARD 6 COUNCILLOR - BLAKE EDWARDS
PHONE: 306-961-2921

CITY OF PRINCE ALBERT, WARD 7 COUNCILLOR – DAWN KILMER
PHONE: 306-922-1707

CITY OF PRINCE ALBERT, WARD 8 COUNCILLOR - TED ZURAKOWSKI
PHONE: 306-764-6461

MLA, PRINCE ALBERT CARLTON – JOE HARGRAVE
PHONE: 306-922-2828
EMAIL: pacarltonmla@sasktel.net
WEB: https://www.saskparty.com/hargrave

DESCRIPTION: Our office is closed during the COVID-19 pandemic, but are available via phone or email. Office hours are still Monday to Friday 9:00am-4:30pm.

MLA, PRINCE ALBERT NORTHCOTE – ALANA ROSS
PHONE: 306-970-7677
EMAIL: https://www.saskparty.com/alana.ross@saskparty.com
WEB: https://www.saskparty.com/alanaross

MP, PRINCE ALBERT – RANDY HOBACK
PHONE: 306-500-9193
EMAIL: info@randyhoback.com
WEB: https://www.randyhoback.com/

HEALTH AND WELLNESS

ACCESS PLACE
PHONE: 306-765-6544
WEB: https://paphr.ca/hospitals-clinic-locations/primary-care-walk-in-clinics/sexual-health-clinic-access-place

DESCRIPTION: Offers a variety of services focusing on Sexual Health, Hepatitis, HIV Care and Harm Reduction. Call for appointment information.

ACCESS PLACE, RAPID ACCESS TO ADDICTIONS MEDICNE (RAAM) CLINIC
PHONE: 306-765-6544
WEB: https://paphr.ca/services/addiction-mental-health-services/rapid-access-to-addictions-medicine

DESCRIPTION: For clients seeking care related to substance use. By appointment or walk in.

ACQUIRED BRAIN INJURY OUTREACH SUPPORT TEAM, SASKATCHEWAN NORTH
PHONE: 306-765-6630
WEB: https://paphr.ca/services/acquired-brain-injury-services

DESCRIPTION: ABI Outreach Support Teams accept self-referrals as well as those from health facilities, physicians, rehabilitation program, professional support services, schools, and community agencies.

ALCOHOLICS ANONYMOUS
WEB: https://aasask.org

DESCRIPTION: Currently offering online meetings on Mondays, Wednesdays, and Fridays, as well as in person meetings on Wednesdays. These are closed meetings for A.A. members. See website for the Zoom links or more details.

ALZHEIMER SOCIETY OF SASKATCHEWAN
PHONE: 800-263-3367 (Prince Albert) or 306-949-4141 (Provincial) or 800-263-3367 (Provincial toll free)
WEB: https://alzheimer.ca/sk/en

DESCRIPTION: Alzheimer Society of Saskatchewan is open. Our Dementia Helpline remains open at 1-877-949-4141 and by email: helpline@alzheimer.sk.ca. The Alzheimer Society is taking direct referral through the First Link© Program. For more information about how to make a **First Link® Referral**, please review our website: Making a Referral to First Link. Referral Forms may be submitted by fax at 1-866-746-1507 or email firstlinkreferral@alzheimer.sk.ca.

Walks for Alzheimer's Registration remains open. The Alzheimer Society provides programs and services for people living with dementia, and fund research to improve care and find a cure.

ASPIRE TOO COUNSELLING
PHONE: 306-382-2391
WEB: www.aspiretoo.ca

DESCRIPTION: Provides individual, couples and family counselling, debriefing for professionals, wellness plans, presentations, response to community crisis, and new ways for families program.

AURORA COUNSELLING AND HOLISTIC HEALTH
PHONE: 306-941-7081
WEB: www.aurorachhealth.com

DESCRIPTION: Providing counselling services through several platforms including telephone, email, text, and video conferencing using a PIPEDA service. is an NIHB approved services as well as other health benefits plans.

BRANCHING OUT CHILDREN'S THERAPIES
PHONE: 306-922-1200
E-MAIL: branchingout@sasktel.net

DESCRIPTION: Branching Out Children's Therapies is a collaboration of services involving Occupational Therapy (OT), Speech Language Pathology (SLP), and Infant and Early Childhood Mental Health-Social Work (IECMH-SW). The registered clinicians have been serving infants and children in our community for a combined total of over 50 years experience using play-based, family-focused approaches. We specialize in working with children under 6 years of age

providing assessment, treatment, and consultations for children and families experiencing developmental challenges. Children ages 6 and up are considered if space is available.

BRIEF AND SOCIAL DETOX CENTRE
PHONE: 306-765-6700
WEB: https://paphr.ca/services/addiction-mental-health-services

DESCRIPTION: Prince Albert Mental Health Center offers confidential community-based mental health assessment, treatment/counseling, and consultative services. Services can be accessed by family or self-referral, physician referral, agency or school referral. Psychiatric referrals are accepted by physicians only.

CANADIAN BLOOD SERVICES
PHONE: 1-888-236-6283
WEB: https://myaccount.blood.ca/en

DESCRIPTION: Please see the website for more information on available appointment times.

CANADIAN MENTAL HEALTH ASSOCIATION (CMHA)
PHONE: 306-763-7747 or 306-940-7678 (Wellness Support Line)
WEB: http://princealbert.cmha.ca/

DESCRIPTION: The Prince Albert Branch of CMHA has collaborated with CMHA Division and CMHA branches from across Saskatchewan to provide support during the Covid-19 pandemic. Provides inclusive programming and services to people coping with mental health issues and illnesses. Phone lines have been set up to support individuals who may be struggling in these times.

CANADIAN RED CROSS PRINCE ALBERT BRANCH
PHONE: 306-765-2600
WEB: https://www.redcross.ca/in-your-community/saskatchewan/find-a-branch/prince-albert-branch

DESCRIPTION: The Canadian Red Cross branch is currently closed to the public due to COVID-19. If you need assistance after a house fire, call: 1-888-800-6493. For donations or a tax receipt, call: 1-800-418-1111. For questions about First Aid or Water Safety, call 1-877-356-3226. For any other queries call 306-765-2606. Messages will be checked regularly.

CATHOLIC FAMILY SERVICES OF PRINCE ALBERT
PHONE: 306-922-3202
WEB: https://www.cfspa.ca/

DESCRIPTION: CFSPA has resumed in-person counselling session. Please visit the website for details. Counselling via phone or video is still available. You can make appointments by calling the office. Reception is available 9am-12pm & 1pm-5pm, Monday to Friday. Clients at YWCA Central, Our House and Homeward Bound facilities have scheduled access to Rapid Access Counselling (formerly known as walk-in) services via phone. Please speak to staff at those locations for further detail. Group programming has resumed. Dates and services are listed on the website tabs for: Life Improvement Programs, Bridges and Strengthening Families. The building remains locked to the general public. Please call for more information.

CBI HEALTH CENTRE, PRINCE ALBERT
PHONE: 306-764-4999
WEB: https://www.cbi.ca/web/physiotherapy-prince-albert-second-west

DESCRIPTION: All Physiotherapy, Occupational Therapy, Psychology and Exercise Therapy services are being provided. There is an option to book virtual care. Book an appointment by calling the phone number above or visit the website. Hours are Monday to Friday 8:00am-6:00pm.

CO-OPERATIVE HEALTH CENTRE COMMUNITY CLINIC
PHONE: 306-763-6464
WEB: https://www.coophealth.com/

DESCRIPTION: Please call the health centre before attending for services. We are currently pre-screening all clients and providing over-the-phone support whenever possible. Open 8am -5pm, Monday to Friday. Delivers quality health care and effective health programming. Some services provided include: transportation, mental health, nutrition, diagnostic testing, family physician services.

COVID-19 YOUTH MENTAL HEALTH RESOURCE HUB
PHONE: 1-800-688-6868 (Kids Help Phone)
WEB: https://jack.org/covid

DESCRIPTION: COVID-19 has, and will, impact the mental health of people everywhere. Some young people who belong to certain groups (e.g. youth from low-income families, Indigenous young people, youth with illnesses, etc.) are also at-risk for being disproportionately affected by the novel coronavirus. Kids Help Phone has seen an unprecedented surge of young people feeling more stressed than usual reaching out during this global pandemic. With information on mental health and COVID-19 scattered all over the internet, finding accurate information and appropriate resources can be hard. Jack.org, School Mental Health Ontario and Kids Help Phone have partnered to bring you all the information needed in one easy-to-access hub so that youth mental health remains top of mind, and our communities are able to easily access the education, tools, support and reliable information they need. Take care of yourself, and each other.

CRESCENT HEIGHTS PHARMACY
PHONE: 306-764-5510
WEB: https://www.facebook.com/CrescentHeightsPharmacy/

DESCRIPTION: Offering free, no-contact delivery within the city. Curbside pick up is also available. Currently limiting number of people in the store. Please call ahead to refill prescriptions or to arrange pick-ups and delivery.

DEMENTIA HELP LINE
PHONE: 877-949-4141
EMAIL: helpline@alzheimer.sk.ca

GAMBLING HELP LINE
PHONE: 800-306-6789

GRAY CHEMISTS PHARMACY
PHONE: 306-764-2300
WEB: https://graychemists.com/

DESCRIPTION: Call the pharmacy ahead of arrival to arrange for curbside pickup or deliveries of prescriptions. Deliveries leave the store every day at 2:30pm.

HAMMOND'S HEALTHMED PHARMACY
PHONE: 306-922-4446
WEB: http://www.rxhealthmed.ca/sk/hammonds-pharmacy-0

DESCRIPTION: Contact the pharmacy for more information on prescription pick-up and delivery options.

HILLSIDE PHYSICAL HEALTH AND FITNESS
PHONE: 306-764-3434
WEB: https://www.hillsidehealth.ca/

DESCRIPTION: Call or email sw.hillside@sasktel.net to schedule a session.

HOPE FOR WELLNESS HELP LINE
PHONE: 855-242-3310
WEB: https://www.sac-isc.gc.ca/eng/1576089519527/1576089566478

DESCRIPTION: Offers 24/7 counselling and crisis intervention to all Indigenous peoples across Canada. Telephone and online counselling are available in Cree, Ojibway and Inuktitut.

KARLA ETHIER COUNSELLING
PHONE: 306-763-4599
WEB: karlaethiercounselling.com

DESCRIPTION: Counselling services with specialization in counselling for children and play therapy.

KIDS HELP PHONE
PHONE: 800-668-6868 (or text: 686868)
WEB: https://kidshelpphone.ca/get-involved/our-impact/in-the-community/saskatchewan

DESCRIPTION: Kids Help Phone is Canada's only 24/7, national support service. We offer professional counselling, information and referrals and volunteer-led, text-based support to young people in both English and French. Whether by phone, text, mobile app or through our website, you can connect with us whenever you want, however you want. Our service is completely confidential — you don't even have to tell us your name if you don't want to.

LIVEWELL WITH CHRONIC CONDITIONS/PAIN PROGRAM
PHONE: 306-714-7307
WEB: https://paphr.ca/services/managing-chronic-illnesses/livewell-with-chronic-conditions

DESCRIPTION: Phone-in and virtual workshops are being offered. For more information please call or visit their website.

MEDI-CENTER PHARMACY
PHONE: 306-763-2022
WEB: https://medicenterpharmacy.ca/

DESCRIPTION: Call ahead to arrange for prescription pick-up or delivery. Prescription deliveries leave the store at 2:30pm Monday to Friday.

MEDICAL PHARMACY P.A.
PHONE: 306-763-2637
WEB: https://www.facebook.com/Medical-Pharmacy-151092571582304/

DESCRIPTION: Offering prescription delivery services. Call the store for details and to make arrangements.

MÉTIS ADDICTIONS COUNCIL OF SASKATCHEWAN INC. (MACSI), PRINCE ALBERT CENTRE
PHONE: 306-953-8250 of 866-722-2155 (toll free)
WEB: http://macsi.ca/macsi-prince-albert-centre/

DESCRIPTION: MACSI is offering both online counselling and telephone counselling for Saskatchewan residents. MACSI is open for services, VIRTUALLY, through phone and online video counselling sessions. We are available Monday through Friday, 8:30am-4:30pm. You can connect by calling one of the numbers above.

NARCOTICS ANONYMOUS
PHONE: 306-9652-5216
WEB: www.csana.org

DESCRIPTION: To offer recovery from the effects of addiction through working a twelve-step program, including regular attendance at group meetings. The group atmosphere provides help from peers and offers an ongoing support network for addicts who wish to pursue and maintain a drug-free lifestyle.

NORTHERN INTER-TRIBAL HEALTH AUTHORITY (NITHA)
PHONE: 306-953-5000
WEB: http://www.nitha.com/

DESCRIPTION: Providing latest COVID-19 details to communities. A Precautionary Health Advisory has been issued for Northern Saskatchewan linked to travel between north-west Saskatchewan and Alberta. Regional health officers are advising against all non-essential travel effective immediately until further notice. NITHA is comprised of the Prince Albert Grand Council, Meadow Lake Tribal Council, Peter Ballantyne Cree Nation, and Lac La Ronge Indian Band and each has extensive experience in health service delivery. The Partners formally joined together in 1998 to create NITHA to deliver a service known as "Third Level."

PRINCE ALBERT AND AREA COMMUNITY ALCOHOL STRATEGY STEERING COMMITTEE (CASSC)
WEB: https://paalcoholstrategy.ca/
https://www.facebook.com/PACASSC/

DESCRIPTION: The goal of the Community Alcohol Strategy Steering Committee (CASSC) is to create healthy communities by changing unhealthy attitudes and behaviours around alcohol use and encouraging healthier communities. CASSC may be contacted by email at: communityalcoholstrategy@gmail.com.

PRINCE ALBERT SEXUAL ASSUALT CENTRE
PHONE: 306-764-1039
WEB: https://www.pacrisis.ca/sexualassault

DESCRIPTION: the Prince Albert Sexual Assault Centre operates out of the Mobile Crisis office. The Centre provides confidential counselling for survivors and the family of survivors. Call the phone number above for immediate response or to book an appointment.

S.H.A.R.E PRINCE ALBERT
PHONE: 306-922-0255
WEB: http://shareprincealbert.ca/index.html
https://www.facebook.com/SHARESASK/

DESCRIPTION: Our mission is promoting the respect and dignity of people affected by mental illness through ensuring the consideration of their own personal goals, feelings and beliefs. Services include residential rehabilitation, respite program, vocational program, and way to work project.

STRAIGHT TO THE POINT HARM REDUCTION
PHONE: 306-765-6533
WEB: https://paphr.ca/hospitals-clinic-locations/primary-care-walk-in-clinics/sexual-health-clinic-access-place

DESCRIPTION: Regional needle exchange program. Open from 8:00am-12:00pm, and 1:00pm-4:00pm Monday, Wednesday, Thursday Friday. Open 1:00pm-4:00pm on Tuesday. Please visit this link for safe needle disposal information.

SASKATCHEWAN PREVENTION INSTITUTE
PHONE: 306-651-4300
WEB: https://skprevention.ca/###
My Saskatchewan Pregnancy app: https://skprevention.ca/my-saskatchewan-pregnancy/

DESCRIPTION: Open 8:00am-4:00pm, Monday to Friday. The Saskatchewan Prevention Institute is committed to working collaboratively to promote primary prevention throughout the province. We share evidence-based information through print and web-based resources. We provide education and training on all of our areas of focus. We collaborate to help communities work towards primary prevention of identified needs. Content experts and consumers of our information and training are involved to help us expand our programming.

SASKATCHEWAN HEALTH AUTHORITY, PRINCE ALBERT OFFICE
PHONE: 306-765-6400
WEB: https://paphr.ca/
DESCRIPTION: Provides a variety of health care services based in facilities and locations throughout the region. Services include: public health, public health inspections, home care, care homes and end of life care, laboratories, X-rays and scans, autism services, addiction and mental health services, emergency and ambulance services, emergency and ambulance services, managing chronic illnesses, therapy services, acquired brain injury services.

SASKATCHEWAN HEALTHLINE
PHONE: 811
WEB: https://www.saskhealthauthority.ca/Services-Locations/HealthLine

DESCRIPTION: HealthLine 811 is a confidential, 24-hour health and mental health addiction service.

THE SHIFT COUNSELLING SERVICES
PHONE: 306-290-7735
WEB: https://www.theshiftonline.ca/

DESCRIPTION: Visit website for booking hours. The Shift Counselling Services provides professional counselling, coaching, and consulting services to individuals ages 5 and up. Counselling supports are available to individuals, couples, families, and groups.

TURQUOOISE TREE COUNSELLING AND WELLNESS INC.
PHONE: 306-922-2777
WEB: https://www.turquoisetreecounselling.com/

DESCRIPTION: Continuing to provide mental health services to existing and new clients. Offering sessions in person and virtually. Visit the website or call for more information.

VICTORIA HOSPITAL
PHONE: 306-765-6000
WEB: http://paphr.ca/locations/hospitals/victoria-hospital

DESCRIPTION: Regional hospital with a wide variety of specialized services, including emergency health care, general surgery, internal medicine, orthopedics, pediatrics, obstetrics and gynecology, psychiatry and anesthesiology.

VICTORIA SQUARE COMPOUNDING PHARMACY
PHONE: 306-922-8959
WEB: http://www.vscp.ca/

DESCRIPTION: Offering pick-up and drive through options for prescriptions. Contactless home delivery options are also available. Please call to make arrangements.

WELLNESS TOGETHER CANADA: MENTAL HEALTH AND SUBSTANCE USE SUPPORT
PHONE: For immediate support text 686868 (youth) or 741741(adult)
WEB: https://ca.portal.gs/

DESCRIPTION: Wellness Together Canada provides free online resources, tools, apps and connections to trained volunteers and qualified mental health professionals when needed.

HOUSING

ABBEYFIELD HOUSE PRINCE ALBERT
PHONE: 306-763-7756 or 306-764-0100
WEB: https://www.princealbertabbeyfield.ca/

DESCRIPTION: Abbeyfield House provides independent living to independent seniors.

AVENUE LIVING COMMUNITIES
PHONE: 403-770-7003
WEB: https://www.avenueliving.ca/

DESCRIPTION: Apartment building owner and operator. Currently offering assistance to their residents in need of assistance with groceries or mobility assistance. See website for more details.

NORTHERN SPRUCE HOUSING CORPORATION
PHONE: 306-922-4122
WEB: http://northern-spruce-housing-corporation.sk.xsask.com/

DESCRIPTION: Provider of Housing Providers equipment/products/services.

PRINCE ALBERT COMMUNITY HOUSING SOCIETY INC.
PHONE: 306-922-5440
WEB: https://pachsi.ca/

DESCRIPTION: Provides subsidized, affordable and transitional rental units for the Métis community. Office is open for rental payments only. Paperwork and all other business is being conducted via email.

PRINCE ALBERT HOUSING AUTHORITY
PHONE: 306-953-7420
WEB: https://pahousingauthority.com/

DESCRIPTION: Office is open Monday-Friday, 9:00am-4:00pm. Encouraging drop-off or online payments and lease renewal options. Administers social housing units to older adults, non-elderly singles and families.

PRINCE ALBERT SAFE SHELTER FOR WOMEN
PHONE: 306-764-7233
WEB: https://www.pasafeshelter.ca/

DESCRIPTION: Provides temporary shelter, safety, nutrition, transportation, information, referrals and support to women and children who are experiencing physical, mental, sexual, emotional, and/or spiritual abuse.

REUNITE PROGRAM – OPERATION COME HOME
PHONE: 800-668-4663
WEB: http://operationcomehome.ca/

DESCRIPTION: Offers travel assistance to runaway youth. Operation Come Home works in partnership with Canadian bus companies and VIA Rail to help youth ages 16-25 get out of dangerous situations by providing them with a ticket to get back home to their families. Eligibility includes adults 16-25 years of age. Hours of operation are Monday to Friday, 8:00am-4:00pm Eastern.

RIVERBANK DEVELOPMENT CORP.
PHONE: 306-763-4221
WEB: https://riverbankdevelopment.ca/

DESCRIPTION: Offers affordable housing in different neighbourhoods in Prince Albert. Currently assisting the homeless population during COVID-19 including finding safe locations to quarantine and putting up facilities such as portable was stations and washrooms, and supporting food programs.

YWCA CENTRAL AVENUE
PHONE: 306-763-8571
WEB: https://www.ywcaprincealbert.ca/central-avenue

DESCRIPTION: Our Central Avenue location offers shelter and transitional housing for women, children and youth.

YWCA HOMEWARD BOUND
PHONE: 306-703-0123
WEB: https://www.ywcaprincealbert.ca/homeward-bound-kindred-spirit

DESCRIPTION: Homeward Bound is a Housing First initiative that helps break the cycle of poverty by creating a stable environment and providing support and counselling to transition into independence.

YWCA OUR HOUSE
PHONE: 306-922-6162
WEB: https://www.ywcaprincealbert.ca/our-house

DESCRIPTION: Our House offers adult shelter for women and men including crisis shelter, transitional shelter and cold weather shelter.

YWCA RENDALYN HOME
PHONE: 306-765-2522
WEB: https://www.ywcaprincealbert.ca/rendalyn-home

DESCRIPTION: Rendalyn Home offers a safe and supportive home environment for expectant mothers and young mothers and their children. Mothers receive individualized support that empower them to become successful women and mothers while providing a nurturing environment for their children.

YWCA YOUTH HOMES
PHONE: 306-765-2520
WEB: https://www.ywcaprincealbert.ca/terrance-place-harmony-home

DESCRIPTION: Youth Homes provide transitional housing for youth aged twelve to fifteen (Terrance Place) and those aged sixteen to twenty-one (Harmony Home). Advocacy, life skills building, resume assistance, job searches, and education are all individualized to help each young adult achieve overall success and well-being.

NEWS MEDIA

CTV PRINCE ALBERT
PHONE: 306-922-6066
EMAIL: panews@ctv.ca
WEB: https://saskatoon.ctvnews.ca/prince-albert

MISSINIPI BROADCASTING
PHONE: 800-668-4003
EMAIL: news@mbcradio.com
WEB: https://www.mbcradio.com/

PA*NOW*
PHONE: 306-763-7421
EMAIL: panews@jpbg.ca
WEB: https://panow.com/

PATTISON RADIO PRINCE ALBERT – XFM, CKBI, POWER99
PHONE: 306-763-7421
EMAIL: karl.johnston@jpbg.ca
WEB: https://www.xfmrocks.com/
https://www.ckbi.com/
https://www.power99fm.com/

PRINCE ALBERT SHOPPER
PHONE: 306-763-8461
EMAIL: pashopper@sasktel.net
WEB: https://www.princealbertshopper.com/

SHAW SPOTLIGHT
PHONE: 306-665-3796
EMAIL: ShawSpotlightSask@sjrb.ca
WEB: https://www.shawspotlight.ca

THE PRINCE ALBERT DAILY HERALD
PHONE: 306-764-4276
WEB: https://paherald.sk.ca/

DESCRIPTION: Check out the Virtual Arts Centre (https://paherald.sk.ca/virtual-arts-centre/), an online venue for the community to share art, music, writing during the COVID-19 pandemic.

SENIORS

ABBEYFIELD HOUSE PRINCE ALBERT
PHONE: 306-763-7756 or 306-764-0100
WEB: https://www.princealbertabbeyfield.ca/

DESCRIPTION: Abbeyfield House provides independent living to independent seniors.

PRINCE ALBERT COMMUNITY SERVICE CENTRE (PACSC) – SENIOR TRANSPORTATION PROGRAM
PHONE: 306-953-4477
WEB: http://www.pacsc.com/seniors-transportation.html

DESCRIPTION: The Seniors Transportation Program is offered through the Prince Albert Community Service Centre. The program provides door-to-door attendant transportation to those aged 60 years or older. The program is currently offering grocery delivery services during the COVID-19 pandemic. Passengers are encouraged to wear a mask, though not required. Buses and cars will resume to full capacity for passengers and be sanitized throughout the day. Seniors will continue to ride in the backseat of cars.

THE HEART OF SENIORS GATHERING
PHONE: 306-970-8675 or 306-981-2574
ADDRESS: 80 – 10th Street East, Prince Albert "Solutions Point 777"

DESCRIPTION: The food hamper services has now ended. Program's, Activities and Social will resume, every Thursday from 1-3pm.

THE PRINCE ALBERT AND AREA SENIORS ABUSE PROGRAM
PHONE: 306-970-8675

DESCRIPTION: By appointment only.

THE PRINCE ALBERT SENIORS ADVOCACY CENTRE
PHONE: 306-970-8675
WEB: www.seniorprincealbert.com

DESCRIPTION: Operated by Jubilation Residential Centres Inc. Offers individual advocacy and navigation counselling for seniors facing problems. Monthly meetings and activities and programs will be resuming soon. Check the website for updates. CLICK HERE to access the Senior's Resource Guide.

SPIRITUAL AND FAITH-BASED

CALVARY UNITED CHURCH
PHONE: 306-763-8695
WEB: https://www.calvaryunitedpa.ca/

DESCRIPTION: In person worship will return in September of 2021. Online worship videos are posted weekly to the website. The office is closed for the summer and phone calls will be monitored. The Church's Youth Group will also be doing regular online events. A Young Adult Zoom Discussion Group is also being offered in partnership with other United Churches for the those aged 18-35 on Wednesdays at 6:30pm.

CATHOLIC FAMILY SERVICES OF PRINCE ALBERT
PHONE: 306-922-3202
WEB: https://www.cfspa.ca/

DESCRIPTION: CFSPA has resumed in-person counselling session. Please visit the website for details. Counselling via phone or video is still available. You can make appointments by calling the office. Reception is available 9am-12pm & 1pm-5pm, Monday to Friday. Clients at YWCA Central, Our House and Homeward Bound facilities have scheduled access to walk-in counselling services via phone. Please speak to staff at those locations for further detail. Group programming has resumed. Dates and services are listed on the website tabs for: Life Improvement Programs, Bridges and Strengthening Families. Please note that the office is closed to the public at this time. Please call for more information.

EMBASSY CHURCH
PHONE: 306-764-4411
WEB: https://embassychurch.ca/

DESCRIPTION: Celebrations and masses are being live streamed on Facebook every Sunday. The church's 12-17 Youth Group Fearless 365 will also be doing regular online events.

FIRST BAPTIST CHURCH PRINCE ALBERT
PHONE: 306-764-5869
WEB: https://www.fbcpa.net/
https://www.facebook.com/PAFirstBaptist/

DESCRIPTION: Currently hosting in-person services at full capacity. Seating is spread out, there will be no passing offering plates or communion trays and frequent hand sanitizing is encouraged. Live-streaming of worship services will continue through Facebook and YouTube. This will continue on for the foreseeable future. Church volunteers are also available to help with grocery delivery and other tasks – contact the church for more information.

MESSIAH LUTHERAN CHURCH
PHONE: 306-763-7374
WEB: http://messiahluthpa.com/
https://www.facebook.com/MessiahLutheranChurchPrinceAlbert/

DESCRIPTION: In-person worship services begin at 10:30am each Sunday. Vaccinations are encouraged, and the use of hand sanitizer is required. Masks are not mandatory, however some people may prefer to wear masks as they enter and exit the building. Online worships and daily devotions are being offered through Facebook and website. The Messiah office is open for church-related activity only. Anyone coming into the building is required to wear a mask, hand sanitize and maintain physical distance, open Tuesday-Friday from 9:00-4:00pm.

NORTH HARVEST COMMUNITY CHURCH
PHONE: 306-922-0727
WEB: https://www.northharvestchurch.ca/
https://www.facebook.com/NHCCinPA/
https://www.youtube.com/channel/UCYkhdsllisfr87qqDU6z1VA

DESCRIPTION: Public meetings are currently postponed. Services are being uploaded to YouTube. Regular posts are being made to their Facebook. Office hours are Monday-Friday, 9am-3pm.

PRINCE ALBERT ALLIANCE CHURCH
PHONE: 306-763-3771
WEB: https://www.princealbertalliance.com/

DESCRIPTION: All Covid-19 regulations for places of worship have been removed, and registration for worship services is no longer required. Masks are now optional, refreshments will not be served at the Welcome Center and seats will be distanced adequately. Hand sanitizer and wipes will be available. There will not be any passing of offering plates until a later date. Celebrations and masses are being live streamed on Facebook and posted to the website regularly.

PRINCE ALBERT BAPTIST CHURCH
PHONE: 306-961-9866
WEB: http://www.pabaptist.ca/

DESCRIPTION: Morning, evening and prayer service held on Sundays. Times are available on the website. Faith Bible Institute held on Mondays at 6:30pm and Wednesday Prayer and Bible Studies at 7:00pm. Reformers Unanimous Addiction Program held Friday at 7pm. Rides are provided for those in need, please call or text 306-961-9866 or 306-941-0918 for a ride arrangement.

PRINCE ALBERT SEVENTH-DAY ADVENTIIST CHURCH
PHONE: 306-764-6853
WEB: https://princealbertsk.adventistchurch.org/
https://www.facebook.com/PrinceAlbertSDAChurch/

DESCRIPTION: Sabath School is held at 9:45am on Saturdays and Worship Service at 11am on Saturdays weekly. Please see the website for more information.

ROMAN CATHOLIC DIOCESE OF PRINCE ALBERT
PHONE: 306-922-4747
WEB: https://www.padiocese.ca/
https://www.facebook.com/padiocese/

DESCRIPTION: The Roman Catholic Diocese of Prince Albert is welcoming congregation members back through the doors beginning Sunday. Each parish will have its own way of keeping the numbers under the limit. Please see the website for more details.

ST. ALBAN'S ANGLICAN CATHEDRAL
PHONE: 306 922 0044
WEB: https://stalbanspa.org/
www.FB.com/StAlbansPA

DESCRIPTION: We are open for in-person, public worship. Services at 8am & 10:30am, Sundays, with Sunday School & Nursery at the 10:30 service. Active Youth Group – check our websites for details.

ST. DAVID'S ANGLICAN CHURCH
PHONE: 306-764-1310
WEB: https://stdavidspa.org/

DESCRIPTION: Public worship and gatherings have resumed. Masks are encouraged. Anyone with Covid-19 or cold and flu symptoms should remain home. For now, there will be no food. Weekly service booklets are being made available through the website. Visit https://www.facebook.com/skdiocese/ to view pre-recorded Family Prayer services.

THE GATE
PHONE: 306-764-2744
WEB: https://www.gatewaycovenant.ca/the-gate
https://www.facebook.com/TheGatePA/

DESCRIPTION: The Gate is operated by the Gateway Covenant Church. Currently, the drop-in center is closed. The Gate is providing take-out sack lunches (in partnership with PA Outreach and the Community Cares Kitchen) Monday to Friday from 10:00-11:30am (toast is served) and 2:00-3:30pm (soup and sandwiches are served). Coffee is also being made available. Hygiene bags are also being distributed on Wednesdays from 2:00-3:30pm.

THE SALVATION ARMY PRINCE ALBERT
PHONE: 306-763-6078
WEB: https://www.facebook.com/tsaPrinceAlbert/

DESCRIPTION: The Thrift Store Donation Centre and Community and Family Services office remain open with adjusted hours. Thrift store staff are assisting with the Soup on Saturday program, which provides bagged lunches to vulnerable populations.

WAY OF WISDOM MINISTRIES
PHONE: 306-961-7082
WEB: https://wayofwisdom.ca/
https://www.facebook.com/WayOfWisdomMinistriesIntllnc/

DESCRIPTION: WoW Ministries is Way of Wisdom Church, located in Prince Albert, Saskatchewan. Way of Wisdom Church offers Sunday Service at 10:30 am. The Way of Wisdom Church has suspended Sunday Service at this time. Visit and follow our Facebook page for live FB messages from Pastor Sharon.

TRANSPORTATION

AURORA CHARTER & BUS SERVICE (BETWEEN PRINCE ALBERT & SASKATOON)
PHONE: 306-961-6178
WEB: www.auroracharterservice.ca

DESCRIPTION: Working to fill the void left by STC, we operate the new bus service between Prince Albert and Saskatoon. We provide service five days a week, and connect directly with other bus companies such as Rider Express. This makes travel and parcel delivery to various cities possible with minimal layover, such as: North Battleford, Lloydminster, Edmonton, Regina, Weyburn, Estevan and stops in-between. One-way tickets to/from Prince Albert/Saskatoon are $35.00 (taxes included), and Saskatoon airport(YXE) pickup/drop off is available upon request for an additional $10.00. Please inquire about our parcel service.

Pick up/drop off location in Prince Albert: Coronet Hotel at 3551 2nd Ave. W.
Pick up/drop off location in Saskatoon: Downtown - 210 2nd Ave. N (Rider Express office).
On Monday/Wednesday/Friday there is service twice a day, on Sunday/Thursday there is service once in the evening. No Service on Tuesdays/Saturdays.

Visit our website for the full schedule and to purchase tickets online, or give us a call to book a ticket and pay at the bus by cash, debit or credit card.

Mandatory masks required at all times on the bus.

CITY OF PRINCE ALBERT TRANSIT
PHONE: 306-953-4900
WEB: https://www.citypa.ca/en/parking-streets-and-transportation/transit.aspx

DESCRIPTION: Operating hours are restored with The East Flat, West Flat, East Hill, West Hill and All Day routes will running from 6:45am to 7:15pm and the morning (6:45 am to 9:15am) and afternoon (2:45pm-6:45pm) rush hour route on weekdays.

PRINCE ALBERT COMMUNITY SERVICE CENTRE (PACSC) – PARATRANSIT
PHONE: 306-953-4477
WEB: http://www.pacsc.com/seniors-transportation.html

DESCRIPTION: Courteous door-to-door accessible transportation service, seven days a week excluding holidays. Christmas day we may offer services if we have enough individuals requiring transportation. A lift provides roll-on, roll-off convenience if you use a wheelchair, and accessible stairs if you use a walker, elbow crutches, cane, or cannot walk long distances. Bus rides can also be scheduled up to two weeks in advance and for regular transportation to work or school. Masks are required.

PRINCE ALBERT COMMUNITY SERVICE CENTRE (PACSC) – SENIOR TRANSPORTATION PROGRAM
PHONE: 306-953-4477
WEB: http://www.pacsc.com/seniors-transportation.html

DESCRIPTION: The Seniors Transportation Program is offered through the Prince Albert Community Service Centre. The program provides door-to-door attendant transportation to those aged 60 years or older.

VOLUNTEERS

BIG BROTHERS BIG SISTERS OF PRINCE ALBERT
PHONE: 306-922-1299
WEB: https://princealbert.bigbrothersbigsisters.ca/

DESCRIPTION: We are seeking adult volunteers to help with our child & youth mentoring programs. We are an affiliated member of BBBS Canada and all our volunteers are trained, supported and insured as part of our national accreditation standards. No experience is necessary and interested individuals can apply on our website https://princealbert.bigbrothersbigsisters.ca/volunteer or inquire by email to Patricia Neufeld at patricia.neufeld@bigbrothersbigsisters.ca. Applicants will be interviewed and asked to submit references and a criminal record check (We will cover costs associated with the record check). If you have questions about applying, or are interested in volunteering to help with fundraising initiatives please call our office at 306-922-1299. We have a new office location: 29-11th St. E.

CANADIAN RED CROSS PRINCE ALBERT BRANCH
PHONE: 306-765-2600
WEB: https://www.redcross.ca/in-your-community/saskatchewan/find-a-branch/prince-albert-branch

DESCRIPTION: Anyone interested in volunteering with Red Cross can go to https://www.redcross.ca/volunteer for more information.

CITY OF PRINCE ALBERT – SASKATCHEWAN SENIORS FITNESS ASSOCIATION (SSFA) 55+ GAMES
EMAIL: kilmerdawn@gmail.com
WEB: https://www.citypa.ca/en/parks-recreation-and-culture/volunteer.aspx

DESCRIPTION: The SSFA 55+ Games have been postponed due to COVID-19. They will be hosted in Prince Albert on June 14-16, 2022. Many volunteers are needed. For more information see the website or send an email at the address listed above.

EA RAWLINSON CENTRE FOR THE ARTS
PHONE: 306-765-1270
WEB: https://www.earc.ca/

DESCRIPTION: The EA Rawlinson Centre for the Arts has a number of volunteer opportunities. From ushers to ticket takers, bartenders to backstage crew. Due to COVID-19, all volunteers (existing and new) are required to attend a safety protocol session before they are able to volunteer. Please see website for further details.

SASKATCHEWAN HEALTH AUTHORITY PRINCE ALBERT AND AREA MEALS ON WHEELS
PHONE: 306-765-6119
WEB: https://www.caredove.com/saskatchewanhealthauthority/serviceorganization/19578/refr/search
EMAIL: volunteers@saskhealthauthority.ca

DESCRIPTION: The Saskatchewan Health Authority Prince Albert and Area is currently looking for Meals on Wheels Volunteers to deliver meals in the city of Prince Albert. As directed by the Saskatchewan Ministry of Health, volunteers must be under the age of 65 years old. We are very flexible with volunteer availability. Volunteering your time once per week, twice per month or more often would be wonderful. Our meals are delivered daily Monday – Friday, pickup time is 10:45 from the Starlight Restaurant and it usually takes about 1 hour. Feel free to contact us if you have any questions.

YOUTH AND CHILDREN

BIG BROTHERS BIG SISTERS OF PRINCE ALBERT
PHONE: 306-922-1299
WEB: https://princealbert.bigbrothersbigsisters.ca/

DESCRIPTION: Our vision is for all young people to realize their full potential. We match young people aged 6 to 16 who are facing adversity with trained caring adult volunteer mentors to help them build a positive developmental relationship to challenge growth, provide support, share power and expand possibilities. Our office is currently open by appointment only and we invite you to call us at 306-922-1299 to learn more about our programs or to book an appointment with our Mentoring Coordinator.

BRANCHING OUT CHILDREN'S THERAPIES
PHONE: 306-922-1200
E-MAIL: branchingout@sasktel.net

DESCRIPTION: Branching Out Children's Therapies is a collaboration of services involving Occupational Therapy (OT), Speech Language Pathology (SLP), and Infant and Early Childhood Mental Health-Social Work (IECMH-SW). The registered clinicians have been serving infants and children in our community for a combined total of over 50 years experience using play-based, family-focused approaches. We specialize in working with children under 6 years of age providing assessment, treatment, and consultations for children and families experiencing developmental challenges. Children ages 6 and up are considered if space is available.

COMMUNITIES BUILDING YOUTH FUTURES PRINCE ALBERT
PHONE: 306-922-4251
WEB: https://cbyfpa.ca/
https://www.facebook.com/CBYFPA
https://www.instagram.com/cbyfprincealbert/

DESCRIPTION: CBYF is a project recently launched in Prince Albert supported by the Prince Albert Urban Indigenous Coalition (PAUIC) and the Community Networking Coalition (CNC) as a response to community feedback noting the need for youth programming & services. The West Flat Citizens Group Inc. is the accountable partner. It is a 5 year project with funding support coming from the Government of Canada and Tamarack Institute. The goal is to support ALL youth ages 14-30 through all transitions to achieve their educational & personal goals as they enter adulthood.

COVID-19 YOUTH MENTAL HEALTH RESOURCE HUB
PHONE: 1-800-688-6868 (Kids Help Phone)
WEB: https://jack.org/covid

DESCRIPTION: COVID-19 has, and will, impact the mental health of people everywhere. Some young people who belong to certain groups (e.g. youth from low-income families, Indigenous young people, youth with illnesses, etc.) are also at-risk for being disproportionately affected by the novel coronavirus. Kids Help Phone has seen an unprecedented surge of young people feeling more stressed than usual reaching out during this global pandemic. With information on mental health and COVID-19 scattered all over the internet, finding accurate information and appropriate resources can be hard. Jack.org, School Mental Health Ontario and Kids Help Phone have partnered to bring you all the information needed in one easy-to-access hub so that youth mental health remains top of mind, and our communities are able to easily access the education, tools, support and reliable information they need. Take care of yourself, and each other.

EAGLE'S NEST YOUTH RANCH
PHONE: 306-765-6727
WEB: https://www.facebook.com/eaglesnestyouthranch/

DESCRIPTION: Eagle's Nest Youth Ranch provides quality care, counseling, and therapeutic social and educational programs to youth in a group living environment. We work collaboratively with youth, families, and community groups to facilitate individual growth and social change that will improve the lives of youth and families in our communities.

FIREBIRD NORTH SISTEMA MUSIC PROJECT
PHONE: 306-961-7683
WEB: https://www.firebirdnorth.com/

DESCRIPTION: Firebird North Sistema Music Project is a program that means to bring positive social change to neighborhoods in Prince Albert by engaging children and youth through music, movement, and community-building. Firebird North Sistema Music Project is free and accessible. The program runs daily after-school at King George School. COVID-19 protocols have been put in place for daily operations. More information is available at our website: https://www.firebirdnorth.com/.

HOPE'S HOME PA EARLY LEARNING AND CHILDCARE CENTRE
PHONE: 306-922-2025
WEB: https://hopeshome.org/
https://www.facebook.com/Hopes-Home-Prince-Albert-2081927672025775/

DESCRIPTION: Hope's Home provides necessary care for children with complex medical needs, their siblings as well as typically developing children from the community. They provide daycare services, early learning and development programming, respite services, supportive living as well as transition care when moving children from the hospital into their community home.

KARLA ETHIER COUNSELLING
PHONE: 306-763-4599
WEB: karlaethiercounselling.com

DESCRIPTION: Counselling services with specialization in counselling for children and play therapy.

KIDSFIRST PRINCE ALBERT
PHONE: 306-765-6656
WEB: https://www.kidsfirstprincealbert.com/
https://www.facebook.com/KidsFirst-Prince-Albert-100213364687294/

DESCRIPTION: KidsFirst provides support and education to help you increase your knowledge of healthy early child development and attachment to your baby. The program provides support and builds on family strengths through home visiting and links to other community-based services.

KIDSPORT PRINCE ALBERT
PHONE: 306-975-0818
WEB: http://www.kidsportcanada.ca/saskatchewan/prince-albert/
https://www.facebook.com/KidSport-Prince-Albert-167438416637877/

DESCRIPTION: In response to COVID-19 KidSport is not issuing cheques to spot organizations for individual support until programming resumes. KidSport is a children's charity dedicated to assisting children of families facing financial obstacles to participate in sport. Administered by a provincial volunteer committee and local/regional volunteer committees, KidSport helps kids become better people through the benefits of sport.

PRINCE ALBERT CHILDREN'S HAVEN
PHONE: 306-922-4454
WEB: https://www.pachildrenshaven.ca/

DESCRIPTION: Children's Haven provides emergency care for children when a family crisis occurs. We operate 24 hours a day, 365 days a year, and we accept children up to 12 years of age. We have facilities to support up to 17 children at one time. Our support and consultation staff are trained and experienced and provide services for both parents and children.

PA OUTREACH PROGRAM INC.
PHONE: 306-961-5897
WEB: https://www.facebook.com/people/Paoutreach-Wonska/100013033994909

DESCRIPTION: PA Outreach offers a variety of services to at risk youth in our community including: Elder and Cultural services; an Addictions worker; Advocacy and Referrals; a Court worker; Community Re-integration workers. We also have an Outreach Van that goes out into the community to provide information, food and hygiene support.

PA EARLY YEARS FAMILY RESOURCE CENTRE (PAEYFRC)
PHONE: 306-763-0771
EMAIL: eyfamilyresource@sasktel.net
WEB: https://www.facebook.com/PA-Early-Years-Family-Resource-Centre-104636624471184/

DESCRIPTION: A safe, stimulating environment for families to learn and grow with their children. We offer a wide range of programs/events for families that will be FREE. We act as a visible, inclusive and welcoming access point for all families in Prince Albert & community specifically families with children ages prenatal-5 years.

YWCA YOUTH HOMES
PHONE: 306-765-2520
WEB: https://www.ywcaprincealbert.ca/terrance-place-harmony-home

DESCRIPTION: Youth Homes provide transitional housing for youth aged twelve to fifteen (Terrance Place) and those aged sixteen to twenty-one (Harmony Home). Advocacy, life skills building, resume assistance, job searches, and education are all individualized to help each young adult achieve overall success and well-being.

MÉTIS COMMUNITY

MÉTIS WESTERN REGION 2
PHONE: 306-922-2206
WEB: https://www.metiscentral.ca

DESCRIPTION: Our Mission is to promote the Métis culture, heritage, language, history, and traditions. While creating, and delivering effective programming and services, that will enhance the lives of all communities, families, and Individuals.

MÉTIS ADDICTIONS COUNCIL OF SASKATCHEWAN INC. (MACSI), PRINCE ALBERT CENTRE
PHONE: 306-953-8250 of 866-722-2155 (toll free)
WEB: http://macsi.ca/macsi-prince-albert-centre/

DESCRIPTION: MASCI is currently providing virtual and telephone 1-1 counselling. The Stabilization Unit is operating at 50 % capacity and the Inpatient Unit is operating at 50% capacity.

MÉTIS NATION – SASKATCHEWAN (MN-S)
PHONE: 306-343-8285 or 833-343-8285
WEB: https://metisnationsk.com/
https://www.facebook.com/MNSask/

DESCRIPTION: MN-S head office and registry offices are closed to the public. MN-S is providing various COVID-19 supports. More information may be found at: https://metisnationsk.com/covid/. A Métis specific toll-free help line for navigating mental health and addition supports is available from 8am to 4pm central time, Monday to Friday. Please call 1-855-671-5638. For crisis situations, a 24 hour crisis line is available at 1-877-767-7572.

MÉTIS NATION – SASKATCHEWAN (WR2)
PHONE: 306-922-2206
WEB: https://www.metiscentral.ca/

DESCRIPTION: The Métis Central Western Region 2 Council new office is located at #1308 B 1st AVE East, Prince Albert.

NORTH SASK RIVER MÉTIS NATION LOCAL #269
PHONE: 306-764-1172
EMAIL: local2691@shaw.ca

PRINCE ALBERT MÉTIS NATION LOCAL #7
PHONE: 306-763-5356

PRINCE ALBERT MÉTIS WOMEN'S ASSOCIATION INC.
PHONE: 306-763-5356
WEB: https://www.pamwa.ca/

DESCRIPTION: The Prince Albert Metis Women's Association is a non-profit organization that administers numerous programs and services for Metis women. Our main focus is to support and educate. We offer a safe space, resources and support. Programs and services are listed below.

CANCER PROGRAM
PHONE: 306-763-5356

DESCRIPTION: Program is designed to explore barriers faced by Indigenous cancer patients.

ELDER ACTIVITIES PROGRAM:
PHONE: 306-763-5356

DESCRIPTION: We encourage elders to keep active, maintain social contact and make their daily lives more pleasurable. Elder program provides a variety of physical, social and recreational activities.

EMPLOYMENT SUPPORT FOR YOUTH:
PHONE: 306-763-0024 or 306-763-5356
DESCRIPTION: 12-week employment program aimed at young people ages 18-29 who face barriers to employment. 4 intakes each year, 12 youth per intake. The program includes skill development and work placement opportunities.

HIV/AIDS HEALTH PROMOTION PROGRAM:
PHONE: 306-763-5356

DESCRIPTION: Program is designed to assist and support individuals living with or who are affected by HIV/AIDS. HIV Health Promotion works to identify barriers to accessing supports and services as well as working with community partners to develop protocols when supporting clients with HIV/AIDS. We continue to raise awareness with the goal if increasing understanding and preventing further transmission of HIV/AIDS and other STI infections.

JUST WORKERS YOUTH RESTITUTION PROGRAM:
PHONE: 306-763-5356

DESCRIPTION: Youth between the age of 12 to 17 who have committed crime and been ordered to pay restitution or complete community service hours can enter the program through a registration process. The program hires and supervises the youth while they complete their restitution orders, with the earned funds being paid back to the victim/community.

MICHIF LANGUAGE PROGRAM:
PHONE: 306-763-5356

DESCRIPTION: Preservation of the Michif language provided by Elder teachings.

OOSHTA - EXPLORING BARRIERS TO INDIGENOUS WOMEN'S ECONOMIC SECURITY:
PHONE: 306-763-5356

DESCRIPTION: Program is designed to explore barriers to Indigenous women's economic security and identify solutions to those barriers.

REACHING HOME – HOUSING WORKS PROGRAM:
PHONE: 306-763-5356

DESCRIPTION: To deliver activities that will lead to housing or prevent homelessness. Activities include but are not limited to supporting clients to find and retain housing, landlord liaison and budgeting.

SCHOOL MEDIATION PROGRAM:
PHONE: 306-763-5356

DESCRIPTION: The goal of the program is to assist community schools in teaching conflict resolution techniques, using the principles of restorative justice, to their students and families in need. The School Mediator also offers anger management classes and workshops for youth and adults. Topics include communication skills and dating violence.

TARGETED INITIATIVE FOR OLDER WORKERS:
PHONE: 306-763-0030 or 306-763-5356

DESCRIPTION: 15-week employment program targeting Older Workers ages 55-64 who face barriers to employment and require support to re-enter the workforce. This program includes both, an in-class and work placement opportunity. Participants selected receive a training allowance while enrolled in the program.

TRANSITIONAL HOUSING FOR YOUTH
PHONE: 306-763-5356

DESCRIPTION: Providing youth with 4 - two bed units and 2 - I bed units for rent.

PRINCE ALBERT COMMUNITY HOUSING SOCIETY INC.
PHONE: 306-922-5440
WEB: https://pachsi.ca/

DESCRIPTION: Provides subsidized, affordable and transitional rental units for the Métis community. Office is open for rental payments only. Paperwork and all other business is being conducted via email.

SASKMÉTIS ECONOMIC DEVELOPMENT CORPORATION (SMEDCO)
PHONE: 306-477-4350
WEB: http://www.smedco.ca/

DESCRIPTION: SMEDCO provides financing solutions and empowers Métis owned businesses across Saskatchewan.

FIRST NATION COMMUNITY

AHTAHKAKOOP CREE NATION, BAND OFFICE
PHONE: 306-468-2326
WEB: https://www.ahtahkakoop.ca/

ASSEMBLY OF FIRST NATIONS (AFN)
PHONE: 866-869-6789 (toll free) or 613-241-6789
WEB: https://www.afn.ca/

DESCRIPTION: The role of the AFN is to advocate with all governments for planning, preparation and response measures related to COVID-19 that address the unique needs of First Nations and involve First Nations, to facilitate direct communication with First Nations and governments, and to share important and helpful information. For COVID-19 related updates and resources, see https://www.afn.ca/coronavirus/.

ASSOCIATION OF MÉTIS, NON, & STATUS INDIANS SASKATCHEWAN (AMNSIS)
PHONE: 888-262-7808 (toll free) or 306-518-8724
EMAIL: info@amnsis.ca
WEB: https://www.facebook.com/Association-of-Metis-Non-Status-Indians-Saskatchewan-103743348123905

DESCRIPTION: AMNSIS is an affiliate of the Congress of Aboriginal Peoples, representing the rights and interests of all off-reserve status and non-status Indians, Métis and Southern Inuit Aboriginal Peoples.

BEARDY'S & OKEMASIS FIRST NATION, BAND OFFICE
PHONE: 306-467-4523 or 888-232-7394 (toll free)
WEB: https://bofn9697.com/

BLACK LAKE DENESULINE FIRST NATION, BAND OFFICE
PHONE: 306-284-2044
WEB: https://blacklakefirstnation.ca/

CANADIAN COUNCIL FOR ABORIGINAL BUSINESS
PHONE: 416-961-3995
WEB: https://www.ccab.com/

DESCRIPTION: COVID-19 updates, information and resources are available at: https://www.ccab.com/news/covid-19-updates-information-and-resources/. CCAB builds bridges between Aboriginal and non-Aboriginal peoples, businesses, and communities through diverse programming, providing tools, training, network building, major business awards, and national events.

CONGRESS OF ABORIGINAL PEOPLES (CAP)
PHONE: 888-997-9927 (toll free) or 613-747-6022
WEB: http://www.abo-peoples.org/

DESCRIPTION: CAP represents the interest of all off-reserve status and non-status Indians, Métis and Southern Inuit Aboriginal Peoples, and serves as the national voice for its provincial and territorial affiliate organizations.

CUMBERLAND HOUSE CREE NATION, BAND OFFICE
PHONE: 306-888-2226
WEB: http://chcn.ca/

FEDERATION OF SOVEREIGN INDIGENOUS NATIONS (FSIN)
PHONE: 888-833-8885 (emergency management) or 306-665-1215
WEB: https://www.fsin.ca/

DESCRIPTION: FSIN is providing emergency management information and resources to First Nations communities. The toll free emergency management line is open from 9:00am-9:00pm daily. To access this information, visit: https://www.fsin.ca/emergency-management/

FOND DU LAC DENESULINE FIRST NATION, BAND OFFICE
PHONE: 306-686-2102
WEB: https://www.fonddulac.ca/

HATCHET LAKE DENESULINE FIRST NATION, BAND OFFICE
PHONE: 306-633-2003

HOPE FOR WELLNESS HELP LINE
PHONE: 855-242-3310
WEB: https://www.sac-isc.gc.ca/eng/1576089519527/1576089566478

DESCRIPTION: Offers 24/7 counselling and crisis intervention to all Indigenous peoples across Canada. Telephone and online counselling are available in Cree, Ojibway and Inuktitut.

JAMES SMITH CREE NATION, BAND OFFICE
PHONE: 306-864-3636
WEB: http://www.jamessmithcreenation.com/

LAC LA RONGE INDIAN BAND, BAND OFFICE
PHONE: 306-425-2183 or 800-567-7736 (toll free)
WEB: http://llrib.com/

MISTAWASIS FIRST NATION, BAND OFFICE
PHONE: 306-466-4800
WEB: http://www.mistawasis.ca/

MONTREAL LAKE CREE NATION, BAND OFFICE
PHONE: 306-663-5349
WEB: https://mlcn.ca/

MUSKEG LAKE CREE NATION, BAND OFFICE
PHONE: 306-466-4959
WEB: https://muskeglake.com/

MUSKODAY FIRST NATION, BAND OFFICE
PHONE: 306-764-1282
WEB: https://muskodayfn.ca/

NATIVE WOMEN'S ASSOCIATION OF CANADA (NWAC)
PHONE: 613-722-3033 or 800-461-4043 (toll-free)
WEB: https://www.nwac.ca/

DESCRIPTION: During the ongoing pandemic, the NWAC offices will remain closed, though staff continue to work from home. NWAC is offering COVID-19 Elder Support Services Monday to Friday from 7:00-9:00am and 11:00am-1:00pm. Please visit the website (https://www.nwac.ca/covid19-support/) for more information. NWAC is a National Indigenous Organization representing the political voice of Indigenous women, girls and gender diverse people in Canada, inclusive of First Nations on and off reserve, status and non-status, disenfranchised, Métis and Inuit.

NORTHERN INTER-TRIBAL HEALTH AUTHORITY (NITHA)
PHONE: 306-953-5000
WEB: http://www.nitha.com/

DESCRIPTION: Providing latest COVID-19 details to communities. A Precautionary Health Advisory has been issued for Northern Saskatchewan linked to travel between north-west Saskatchewan and Alberta. Regional health officers are advising against all non-essential travel effective immediately until further notice. NITHA is comprised of the Prince Albert Grand Council, Meadow Lake Tribal Council, Peter Ballantyne Cree Nation, and Lac La Ronge Indian Band and each has extensive experience in health service delivery. The Partners formally joined together in 1998 to create NITHA to deliver a service known as "Third Level."

ONE ARROW FIRST NATION, BAND OFFICE
PHONE: 306-423-5900

PETER BALLANTYN CREE NATION, BAND OFFICE
PHONE: 306-632-2125

RED EARTH CREE NATION, BAND OFFICE
PHONE: 306-768-3640
WEB: http://www.redearthcreenation.com/

SHOAL LAKE CREE NATION, BAND OFFICE
PHONE: 306-768-3551
WEB: http://www.slcn.ca/

STURGEON LAKE FIRST NATION, BAND OFFICE
PHONE: 306-764-1872
WEB: http://www.slfn.ca/

WAHPETON DAKOTA NATION, BAND OFFICE
PHONE: 306-764-6649

PRINCE ALBERT GRAND COUNCIL (PAGC)

MAIN OFFICE
PHONE: 306-953-7200
WEB: https://www.pagc.sk.ca/

DESCRIPTION: All non-essential services have been suspended and the main office is closed. Please call for further information on services.

ABORIGINAL HEADSTART/PRESCHOOL
PHONE: 306-763-7676

AGRICULTURE
PHONE: 306-953-2755

CHILD CARE EDUCATION CENTRE
PHONE: 306-953-7210

LEARN AND GROW DAY CARE
PHONE: 306-765-5308
EDUCATION
PHONE: 306-953-7234

FIRST NATIONS INSURANCE
PHONE: 306-763-4712

HEALTH AND SOCIAL DEVELOPMENT
PHONE: 306-953-7248

HOLISTIC WELLNESS CENTRE
PHONE: 306-765-5305

INFORMATION TECHNOLOGY SERVICES
PHONE: 306-953-7281

JUSTICE
PHONE: 306-953-7254

NORTHERN LIGHTS COMMUNITY DEVELOPMENT CORPORATION
PHONE: 306-953-7259

PERSONNEL AND FINANCE
PHONE: 306-953-7217

PRINCE ALBERT DEVELOPMENT CORPORATION
PHONE: 306-922-0099

PAGC TRIBUNE
PHONE: 306-763-6628

SAKWATAMO LODGE
PHONE: 306-864-3631

SPIRITUAL HEALING LODGE
PHONE: 306-953-2498

SPORTS, CULTURE AND RECREATION
PHONE: 306-765-5300

SPRUCE LODGE BOARDING HOME
PHONE: 306-953-1595

TECHNICAL SERVICES AND HOUSING
PHONE: 306-953-7242

URBAN SERVICES
PHONE: 306-765-5300

VALLEY HILL YOUTH TREATMENT CENTRE
PHONE: 306-764-2311

PROVINCIAL

COVID-19 PORTAL, GOVERNMENT OF SASKATCHEWAN
PHONE: Health Questions: 811
Non Health-Related Questions: Saskatchewan Public Safety Agency: 855-559-5502
WEB: https://www.saskatchewan.ca/~/link.aspx?_id=6C6BF971659346E0B8E9DE4AE3B2AFF9&_z=z

COVID-19 PORTAL, INFORMATION FOR HEALTH CARE PROVIDERS
WEB: https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/information-for-health-care-providers
DESCRIPTION: Includes various information and resources for all health care providers about: testing, screening, treatment and medical directives; PPE/Infection Prevention and Control; Online screening tool; Clinical practice resources; Become involved; Resilient workplace; Information for Physicians; Profession-specific information; virtual care; facility signage; and blood services.

COVID-19 PROVINCIAL OUTBREAK TRACKER
WEB: https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/cases-and-risk-of-covid-19-in-saskatchewan

COVID-19 SUPPORTS FOR BUSINESSES
PHONE: 844-800-8688
WEB: https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/covid-19-information-for-businesses-and-workers/support-for-businesses
https://www.saskatchewan.ca/step-3-business-workers-faq#utm_campaign=q2_2015&utm_medium=short&utm_source=%2Fstep-3-business-workers-faq

DESCRIPTION: This portal provides links to resources and supports available to businesses related to COVID-19. Important supports that have been developed for businesses, include, but are not limited to: Re-Open Saskatchewan Training Subsidy, Saskatchewan Tourism Sector Support Program, Saskatchewan Small Business Emergency Payment, Provincial Sales Tax, and others.

COVID-19 SUPPORTS FOR WORKERS
WEB: https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/covid-19-information-for-businesses-and-workers/support-for-workers

DESCRIPTION: This portal provides links to resources and supports available to workers related to COVID-19.

COVID-19 SUPPORTS FOR WORKERS, CHILDCARE
PHONE: Saskatoon (Central and Northern Region) 306-933-6071
WEB: https://www.saskatchewan.ca/covid19-childcare#utm_campaign=q2_2015&utm_medium=short&utm_source=%2Fcovid19-childcare

DESCRIPTION: The Government of Saskatchewan announced that anyone currently working or returning to work under Phase One, Phase Two or Phase Three of the Re-Open Saskatchewan Plan will have access to licensed child care services located within Saskatchewan schools.

This child care service is available to workers associated with businesses and services that were not directed to close and workers associated with businesses and services that are reopening as a part of Phase One, Phase Two and Phase Three of the Re-open Saskatchewan Plan. Priority for these spaces will be given to parents of infant, toddler, preschool or school-age children, that require care as those individuals continue to provide support in the response to the COVID-19 pandemic.

RE-OPEN SASKATCHEWAN PLAN
WEB: https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/re-open-saskatchewan-plan/re-open-saskatchewan?fbclid=IwAR3gKbFw9XjPBiAWS7iDLxScAOLxYZuNSu_Rq0aSDl1qPdeyBkdFTWJSeTg

EHEALTH SASKATCHEWAN
PHONE: 306-787-3251 or 800-667-7551
WEB: https://www.ehealthsask.ca/residents/health-cards

FARM STRESS LINE
PHONE: 800-667-4442
WEB: https://www.saskatchewan.ca/business/agriculture-natural-resources-and-industry/agribusiness-farmers-and-ranchers/programs-and-services/farm-stress-line

LABOUR MARKET SERVICES
PHONE: 306-953-2488
WEB: https://www.saskatchewan.ca/residents/jobs-working-and-training/find-the-labour-market-services-office-near-you

DESCRIPTION: Saskatchewan Labour Market Services offer career, employment and training information and services to Saskatchewan residents. These services continue to be available from anywhere in the province, by calling or emailing your nearest Labour Market Services office.

LEGAL AID SASKATCHEWAN
PHONE: 306-953-2850
WEB: www.legalaid.sk.ca/contact/office_list.php

DESCRIPTION: To provide accessible, professional legal services in criminal and family law to those eligible.

MINISTRY OF JUSTICE CORRECTIONS AND POLICING
PHONE: 306-953-2836 or 866-305-3888
WEB: https://www.saskatchewan.ca/government/government-structure/ministries/corrections-and-policing

PINE GROVE CORRECTIONAL CENTRE
PHONE: 306-953-3100
WEB: https://www.saskatchewan.ca/government/directory?ou=bd40a8d3-2fc1-428d-81ce-3f6fa6601d1f

PRINCE ALBERT PROVICIAL CORRECTIONAL CENTRE
PHONE: 306-953-3000
WEB: https://www.saskatchewan.ca/government/directory?ou=43811082-26c6-48b7-8b9e-848b27a8d891

PRINCE ALBERT PROVICIAL CORRECTIONAL CENTRE – REINTEGRATION UNIT
PHONE: 306-953-3150
WEB: https://www.saskatchewan.ca/government/directory?ou=4beeb82e-3649-489c-b169-9ce41ae6b43f

MINISTRY OF SOCIAL SERVICES
PHONE: 306-953-2422
WEB: https://www.saskatchewan.ca/government/government-structure/ministries/social-services

MINISTRY OF SOCIAL SERVICES - CHILD AND FAMILY SERVICES
PHONE: 306-953-2422 or 866-719-6164
WEB: https://www.saskatchewan.ca/residents/justice-crime-and-the-law/child-protection/child-abuse-and-neglect

MINISTRY OF SOCIAL SERVICES – FAMILY HEALTH BENEFITS
PHONE: 306-787-4723 or 888-488-6385
WEB: https://www.saskatchewan.ca/residents/health/prescription-drug-plans-and-health-coverage/extended-benefits-and-drug-plan/family-health-benefits

MINISTRY OF SOCIAL SERVICES – INCOME ASSISTANCE
PHONE: 306-953-2345 or 800-487-8603
WEB: https://www.saskatchewan.ca/residents/family-and-social-support/financial-help/financial-help-for-unemployed-or-lower-income-people-and-families

PRINCE ALBERT PROVINCIAL COURT OFFICE
PHONE: 306-953-2819
WEB: https://www.saskatchewan.ca/government/directory?ou=bd9f17be-c6bf-488b-b301-ae7960fa56e2

PROBATION SERVICES
PHONE: 306-953-2835 or 866-305-3888
WEB: http://www.gtds.gov.sk.ca/Pages/Details.aspx?organizationid=175c00af-24ab-44d5-91a4-4bcde35d0e52

SASKATCHEWAN EMPLOYMENT SUPPLEMENT (SES)
PHONE: 888-488-6385
WEB: https://www.saskatchewan.ca/residents/family-and-social-support/financial-help/income-support-for-working-families-or-parents

SASKATCHEWAN PARKS
PHONE: 855-737-7275
WEB: https://saskparks.goingtocamp.com/home

DESCRIPTION: Camping in provincial parks will only be open to Saskatchewan residents starting June 1, until further notice. Recreational facilities, including swimming pools, beaches, picnic areas and playgrounds will be closed, and with limited access to washrooms and no access to shower and laundry facilities, campers will need to plan accordingly.

SASKATCHEWAN STUDENT LOANS
PHONE: 800-597-8278
WEB: https://www.saskatchewan.ca/residents/education-and-learning/student-loans

DESCRIPTION: Effective immediately, a six-month student loan repayment moratorium has been put in place, mirroring a similar federal provision. This provides individuals with student loans immediate relief and comes at a $4 million cost to the provincial government.

TAXATION AND INTERGOVERNMENTAL AFFAIRS BRANCH
PHONE: 306-787-6722
WEB: https://www.saskatchewan.ca/residents/taxes-and-investments/personal-income-tax-new/personal-income-tax-structure

FEDERAL

AGRICULTURE AND AGRI-FOOD CANADA – INDIGENOUS AGRICULTURE AND FOOD SYSTEMS INITIATIVE
WEB: http://www.agr.gc.ca/eng/agricultural-programs-and-services/indigenous-agriculture-and-food-systems-initiative/guide/?id=1544123669824&utm_source=BenchmarkEmail&utm_campaign=Northern_Region_-_Newsletter_31_March_2020&utm_medium=email#a1.1
DESCRIPTION: AAFC has developed the Indigenous Agriculture and Food Systems Initiative, which is a five year, $8.5 million initiative that will support Indigenous communities and entrepreneurs who are ready to launch agriculture and food systems projects and others who want to build their capacity to participate in the Canadian agriculture and agri-food sector. This initiative funds up to $500,000 per year, with multiple year funding available. Eligible activities categorized into two streams: Community readiness and pre-development support activities; and supporting Indigenous agriculture and food systems projects. Proposals are accepted until September 30, 2022. The Initiative ends on March 31, 2023.

COVID ALERT APP
WEB: https://www.canada.ca/en/public-health/services/diseases/coronavirus-disease-covid-19/covid-alert.html

DESCRIPTION: COVID Alert app is a tool to help prevent the transmission of COVID-19. The app uses Bluetooth technology to detect when users are near each other. If a user tests positive for COVID-19, they can choose to let other users know about potential exposure risk without sharing any personal information. The app can be downloaded on the Apple App Store or Google Play.

COVID-19 PORTAL, GOVERNMENT OF CANADA
WEB: https://www.canada.ca/en/public-health/services/diseases/coronavirus-disease-covid-19.html

DESCRIPTION: This portal can link to all COVID-19 related updates and resources from the Government of Canada. Information related to the current outbreak situation, health, travel, financial and economic support, and safety and security are all accessible through the site.

COVID-19 FEDERAL OUTBREAK TRACKER
WEB: https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection.html#a1

COVID-19 EPIDEMIOLOGICAL SUMMARY
WEB: https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/health-professionals/epidemiological-summary-covid-19-cases.html

COVID-19 AND INDIGENOUS COMMUNITIES
PHONE: 833-784-4397 (toll free)
EMAIL: ibrahim.khan@canada.ca
WEB: https://www.sac-isc.gc.ca/eng/1581964230816/1581964277298

DESCRIPTION: This portal provides links to resources and supports available to Indigenous individuals, organizations, communities, and businesses related to COVID-19. Important supports that have been developed, include, but are not limited to: the Indigenous Community Support Fund, child and family services supports for youth reaching the age of majority during the outbreak, annual treaty payment event postponements, payment deferrals on Ministerial Loan Guarantees, and supports for Indigenous businesses.

COVID-19 CANADA'S ECONOMIC RESPONSE PLAN
WEB: https://www.canada.ca/en/department-finance/economic-response-plan.html

DESCRIPTION: This portal provides links to resources and supports available to individuals, businesses and industries related to COVID-19.

COVID-19 CANADIAN EMERGENCY WAGE SUBSIDY (CEWS)
PHONE: 833-966-2099 (eligibility and application questions)
WEB: https://www.canada.ca/en/revenue-agency/services/subsidy/emergency-wage-subsidy.html

DESCRIPTION: As a Canadian employer whose business has been affected by COVID-19, you may be eligible for a subsidy of 75% of employee wages for up to 12 weeks. Applications for claim period 10 (November 22 to December 19 2020) are now open. A proposal has been made to continue the CEWS until June 2021.

COVID-19 REGIONAL RELIEF AND RECOVERY FUND (RRRF)
WEB: https://www.wd-deo.gc.ca/eng/20060.asp

DESCRIPTION: Western Economic Diversification Canada (WD) will provide eligible small- and medium-sized enterprises (SMEs) with an interest-free repayable contribution of up to $40,000 to help alleviate financial hardship resulting from COVID-19. The objective of this program is to assist western Canadian SMEs that do not qualify for the Canadian Emergency Business Account (CEBA) program or the RRRF – Community Futures Stream.

COVID-19 SAFE RESTART AGREEMENT
DESCRIPTION: Federal announcement to invest $19 billion to help provinces and territories safely restart their economies. Centered around priorities of: testing, contract tracing, and data management; health care system capacity; vulnerable populations; municipalities; personal protective equipment for health and non-health workers; child care for returning workers; and pan-Canadian sick leave.

COVID-19 SUPPORTS FOR BUSINESSES
WEB: https://www.canada.ca/en/department-finance/economic-response-plan.html#businesses

DESCRIPTION: Supports listed on this page include those for: avoiding layoffs and rehiring employees; access to credit; deferred payments; support for self-employed individuals; Indigenous businesses; and supporting financial stability.

COVID-19 SUPPORTS FOR INDIVIDUALS
WEB: https://www.canada.ca/en/department-finance/economic-response-plan/covid19-individuals.html

DESCRIPTION: Supports listed on this page include those for: individuals and families; people facing loss of income; Indigenous peoples; vulnerable populations; seniors; students and recent graduates.

COVID-19 SUPPORTS FOR INDUSTRIES
WEB: https://www.canada.ca/en/department-finance/economic-response-plan.html#industry

DESCRIPTION: Supports listed on this page include those for the following sectors: agriculture, agri-food, aquaculture and fisheries; cultural, heritage and sports; air transportation; tourism; energy.

CANADA CHILD BENEFIT (CCB)
PHONE: 800-387-1193
WEB: https://www.canada.ca/en/revenue-agency/services/child-family-benefits/canada-child-benefit-overview.html

CANADA EMPLOYMENT INSURANCE (EI)
PHONE: 800-206-7218
WEB: https://www.canada.ca/en/employment-social-development/corporate/contact/ei-individual.html

DESCRIPTION: Those who have stopped working because of COVID-19 can apply for the Canada Emergency Response Benefit (CERB). For those who have not applied to EI or CERB and would like more information on eligibility, call 833-966-2099.

CANADA PENSION PLAN/OLD AGE SECURITY
PHONE: 800-277-9914 (toll free)
WEB: https://www.canada.ca/en/employment-social-development/corporate/contact/cpp.html
https://www.canada.ca/en/employment-social-development/corporate/contact/oas.html

DESCRIPTION: Due to COVID-19, new applicants are being asked to apply for these benefits online.

CANADA STUDENT LOANS/ CANADA APPRENTICE LOANS
PHONE: 888-815-4514 (toll free)
WEB: https://www.csnpe-nslsc.canada.ca/en/home
https://www.pca-cal.ca/en/Home

CANADA'S LOCAL FOOD INFRASTRUCTURE PROGRAM
WEB: https://www.agr.gc.ca/eng/agricultural-programs-and-services/local-food-infrastructure-fund/supporting-people-experiencing-food-insecurity-in-canada-because-of-covid-19/?id=1585855025072

DESCRIPTION: Under the Food Policy for Canada's Local Food Infrastructure Fund, the Government of Canada is making up to $100 million available in emergency funding to Canadian five organizations: Food Banks Canada, Second Harvest, Community Food Centres Canada, the Breakfast Club of Canada and the Salvation Army. These organizations will help improve access to food for people experiencing food insecurity in Canada due to the COVID-19 pandemic. Organizations seeking assistance should reach out to the five organizations above to obtain emergency aid.

CLIMATE CHANGE AND HEALTH ADAPTATION PROGRAM
WEB: https://www.sac-isc.gc.ca/eng/1536238477403/1536780059794#s1

DESCRIPTION: The Climate Change and Health Adaptation program (CCHAP) is designed to build capacity for climate change adaptation by funding community-designed and driven projects. This program funds First Nations and Inuit communities' efforts to build capacity to adapt to the health impacts of climate change. Some of the areas of adaptation and research that past projects have examined include traditional food security and access to country food, documentation of traditional medicines and safety while on the land. There is no deadline; you may apply any time.

EMERGENCY FOOD SECURITY FUND
WEB: https://www.agr.gc.ca/eng/agricultural-programs-and-services/emergency-food-security-fund/?id=1585855025072

DESCRIPTION: On October 9th, the Prime Minister announced an additional investment of $100 million through the Emergency Food Security Fund. This investment will help improve access to food and increase food supply for vulnerable Canadians across the country, who are facing the impacts of the global COVID-19 pandemic. The Government of Canada will provide this funding to national and regional organizations, who will then support food banks and local food organizations across Canada in order to help reach people experiencing food insecurity.

FIRST NATION AND INUIT HEALTH
PHONE: 613-957-7701
WEB: https://www.canada.ca/en/indigenous-services-canada/services/first-nations-inuit-health.html

INDIGENOUS SERVICES CANADA
EMAIL: InfoPubs@aadnc-aandc.gc.ca
WEB: https://www.canada.ca/en/indigenous-services-canada.html

INDIGENOUS COMMUNITY SUPPORT FUND
WEB: https://www.sac-isc.gc.ca/eng/1585189335380/1585189357198
DESCRIPTION: This fund helps Indigenous communities prevent, prepare and respond to COVID-19. Funds can be used for a wide range of measures, including measures to address food insecurity.

INDIVIDUAL TAX ENQUIRIES LINE
PHONE: 800-959-8281
WEB: https://www.canada.ca/en/revenue-agency/corporate/contact-information/individual-income-tax-enquiries-line.html

MENTAL HEALTH COMMISSION OF CANADA – RESOURCE HUB
PHONE: 613-683-3755
WEB: https://www.mentalhealthcommission.ca/English/covid19

NORTHERN INTEGRATED COMMERCIAL FISHERIES INITIATIVE
WEB: https://www.dfo-mpo.gc.ca/fisheries-peches/aboriginal-autochtones/nicfi-ipcin/index-eng.html
DESCRIPTION: Northern Integrated Commercial Fisheries Initiative (NICFI) supports development of Indigenous-owned communal commercial fishing enterprises and aquaculture operations. NICFI uses a step wise approach with a particular focus on business development planning and advice. It is targeted at enterprise-specific training for fisheries. It aims to meet the needs of communities whether they wish to pursue a commercial fishery, a redistributive commercial fishery or a hybrid of both. The objectives of NICFI include to build knowledge and skills required to manage fisheries enterprises; increase access to training to fish safely and effectively operate their vessels; and build the capacity needed to meet future commercial fisheries operations, administration and training requirements independently; and to enhance economic returns from fisheries and aquaculture for the local and broader benefit of communities.

NUTRITION NORTH CANADA (NNC)
WEB: https://www.nutritionnorthcanada.gc.ca/eng/1415385762263/1415385790537
DESCRIPTION: This fund helps Indigenous communities prevent, prepare and respond to COVID-19. Funds can be used for a wide range of measures, including measures to address food insecurity.

RIVERBEND INSTITUTION
PHONE: 306-765-8000
WEB: https://www.canada.ca/en/parole-board/corporate/publications-and-forms/federal-institutions/prairie-region/riverbend-institution.html

SERVICE CANADA
PHONE: 800-622-6232
WEB: https://www.canada.ca/en/employment-social-development/corporate/portfolio/service-canada.html

DESCRIPTION: Due to recent service changes as a result of COVID-19 (Coronavirus), we urge you not to visit local Service Canada Centres unless it is absolutely necessary to do so. Individuals should continue to use Service Canada's many online services whenever possible.

1) Go online: Canada.ca

For the most convenient, easy-to-use and secure way to apply, view or update your information, access our most requested services online. Please note that you can now apply online for a Social Insurance Number (SIN), essential for accessing government services and benefits, through the secure SIN online portal.

2) Call us

Access our most requested toll-free numbers for service. Please note that call volumes are expected to be high during this time.

3) Get extra help without leaving your home

If you have a question, need extra help or need to make an appointment for an in-person service, fill out the service request form and a Service Canada officer will call you back within 2 business days.

If your community members or individuals within your network do not have access to the internet or face other barriers, the Service Canada Outreach Support Centre will ensure they get access to the services and benefits they need. Call our toll-free number 1-877-631-2657 (TTY: 1-833-719-2657) from 8:30am to 4:00pm Monday to Friday.

4) Visit us by APPOINTMENT

If you require service in-person please make a request for an appointment by filling out the service request form. A Service Canada officer will call you back within 2 business days. If your request cannot be completed by phone, they will offer you an appointment for service at a Service Canada Centre. Please note that we are not accepting requests for same day bookings.

If you require an appointment and do not have access to the internet call our toll free Service Canada Outreach Support Centre at 1-877-631-2657 (TTY: 1-833-719-2657) from 8:30am to 4:00pm Monday to Friday.

SOCIAL INSURANCE NUMBER PROGRAM
PHONE: 866-274-6627
WEB: https://www.canada.ca/en/employment-social-development/corporate/contact/sin.html

WELLNESS TOGETHER CANADA: MENTAL HEALTH AND SUBSTANCE USE SUPPORT
PHONE: For immediate support text 686868 (youth) or 741741(adult)
WEB: https://ca.portal.gs/